

1 **Effects of Cd and Cr Stress on Physiological and Morphological Traits of**
 2 **Two Cultivars of Wheat (*Triticum aestivum* L.) under Hydroponic System**

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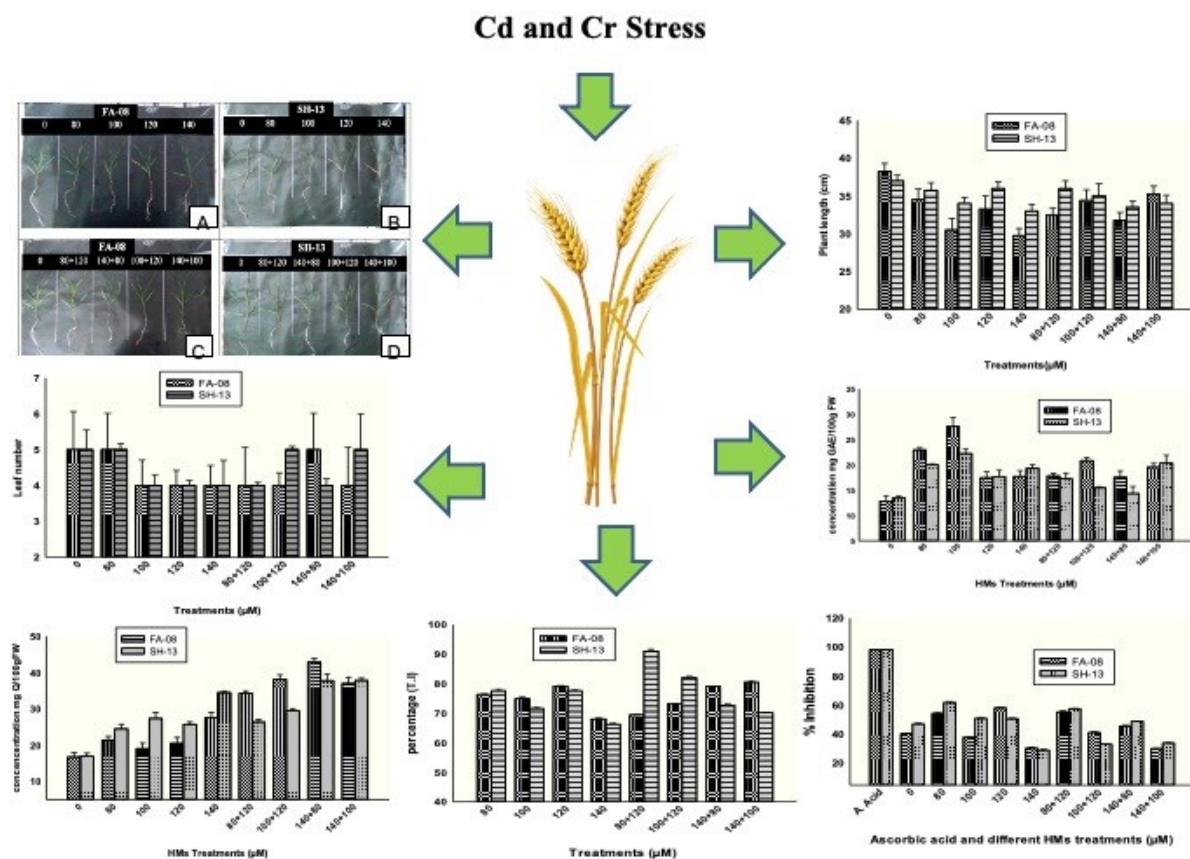
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17 **Graphical Abstract**



18

19 **Abstract**

20 Hydroponic experiment was conducted to evaluate the single and combine effect of different
21 concentration of Cd (80 μ M, 100 μ M) and Cr (120 μ M, 140 μ M) on the seedlings of two wheat cultivars
22 viz. FA-08 and SH-13 commonly grown in Hazara division of Khyber Pakhtunkhwa- Pakistan. High
23 dose accumulation of Cd and Cr greatly affected the plant height and leaf number. The presence of Cd
24 reduced the accumulation of Cr, whereas the effect of Cr on the accumulation of Cd depends on the
25 concentrations of Cd used. Different treatments of these HMs (heavy metals) greatly fluctuate the total
26 amount of phytochemicals in leaves of wheat seedlings. The application of Cd and Cr separately and in
27 combination increased the total phenolics in all treatments compared to control groups which were
28 tested on the 18th day of treatment. Highest levels of total phenolics were recorded in FA-08 when Cd
29 is used in a concentration of 80 μ M. Flavonoid content was high in FA-08 at level Cd+Cr:100+140 μ M.
30 SH-13 also depicted highest antioxidant activity at level Cd:80 μ M against all treatments as compared
31 to FA-08. Cd and Cr behaved synergistically because the combined toxicity of Cd and Cr was less than
32 Cd or Cr alone. The current study suggests that both wheat cultivars were tolerant to stress of Cd and
33 Cr up to certain limit and high concentration reduced the contents of phytochemicals, this might cause
34 decrease in the wheat yield.

35 **Key words:** Wheat, cadmium, chromium, reactive oxygen species, antioxidants, phenolics, flavonoids.

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48 1. Introduction

49 The increasing concentration of organic and inorganic pollutants in our environment affects
50 the soil properties and their products (Nagajyoti *et al.*, 2010; Ali *et al.*, 2013). Plants are more
51 vulnerable to environmental stress because of their sedentary lifestyle than other organisms
52 (Anjum *et al.*, 2012). To avoid cellular damage plants, have a complex system of enzymatic
53 and non-enzymatic antioxidants, to tolerate abiotic stress. Antioxidant concentration helps the
54 plant to resist stress and maintain the balance between peroxidant and antioxidant reactions
55 (Maleva *et al.*, 2012; Al Mahmud *et al.*, 2017). Phytochemicals are non-nutritional compounds
56 having antioxidant properties due to the OH group (Koleva *et al.*, 2002). Phenolic compounds
57 are one of the stress responses and help the plant to maintain homeostasis, their adverse effect
58 on plants is the generation of harmful active oxygen species, leading to oxidative stress.
59 Phenolic contents in cereals are influenced by types, varieties and grain parts used. Phenolic
60 acids and flavonoids are abundant phenolic contents found in cereals (Žilić *et al.*, 2011; Žilić
61 *et al.*, 2012). Besides the well-studied antioxidant systems consisting of low-molecular
62 antioxidants and specific enzymes, effective antioxidant flavonoids and phenolic acids play a
63 potential role against stress. During heavy metal stress phenolic compounds can act as metal
64 chelators and on the other hand phenolics can directly scavenge molecular species of active
65 oxygen (Bartwal *et al.*, 2013).

66 Heavy metals (HMs) unlike organic pollutants are non-biodegradable and persistent, enter
67 humans through various routes and affect their health (Wuana & Okieimen, 2011; Adrees *et*
68 *al.*, 2015). Industrial effluents (electroplating, paints, batteries, mining, fertilizers, and
69 pesticides) add cadmium (Cd) to the soil and plants uptake it through their roots and accumulate
70 it in their shoot (Gill *et al.*, 2012; Gill & Tuteja, 2011). A high concentration of Cd reduces
71 photosynthetic efficiency in some plants by reducing the availability of Fe (II) and decreases
72 the concentration of oxidative enzymes; superoxide dismutase, catalase, and peroxidase in
73 plants (Mohamed *et al.*, 2012). Chromium (Cr) is used in wood preservation, leather tanning,
74 electroplating, and steel production and accumulates more in the plant's roots (Al Mahmud *et*
75 *al.*, 2017). Cr (VI) is known to be carcinogenic and causes several respiratory disorders (Kumar
76 *et al.*, 2013; Vajravel & Saravanan, 2013). Heavy metals, especially Cd, Pb, and Cr have no
77 biological role in organisms (Plants, animals) and are toxic to them (Adrees *et al.*, 2015). Cr
78 toxicity causes a reduction in the quality of enzymes such as catalases, peroxidases, and
79 reductases (Cervantes *et al.*, 2001). The harmful or toxic substances in the environment affect
80 various biochemical processes in living organisms (Hakeem, 2015; Shahid *et al.*, 2014). The

81 consumption of contaminated plants by humans causes many fatal diseases including cancer
82 (Gill *et al.*, 2012).

83 Wheat (*Triticum aestivum*) is an important cereal crop and a source of protein for the human
84 population (Hithamani & Srinivasan, 2014). Wheat is nutritionally essential and rich in natural
85 antioxidants and used in making food products to improve the health of consumers and the
86 economy. It is an annual herb used as a staple food and comprises essential vitamins like B₆,
87 B₁₂, A, and E that act as important antioxidants. Whole wheat grains prevent coronary heart
88 diseases and certain cancers due to their antioxidant properties (Liangli, 2008; Shewry, 2009).
89 Pakistan is 6th in wheat production and 8th in the number of the area under cultivation and 59th
90 in terms of yield and total calorie intake by the population of Pakistan is about 50% (Zulfiqar
91 & Hussain, 2014). Being a staple food in Pakistan (5th most populous country with a population
92 exceeding 207.77 million) wheat, an area of 8.66 million hectares, 25.478 million tons of wheat
93 can be produced (Chandio *et al.*, 2016; Ali *et al.*, 2018). In Pakistan, the high yield of wheat is
94 dependent on irrigation water and the use of fertilizers (Chandio *et al.*, 2016), so more use of
95 fertilizers and polluted water may be sources of HMs pollution. The present study aimed to
96 compare the concentration of phenolic acids and flavonoids in two commonly cultivated wheat
97 varieties (FA-08 and SH-13) in the Hazara division and to evaluate the impact of Cd and Cr
98 stress on the concentration of these bioactive compounds.

99

100 **2. Materials and Methods**

101 *2.1. Plant cultivation*

102 Pretreated seeds of two wheat cultivars, Faisalabad -2008 (FA-8) and Shahkar-2013 (SH-13)
103 were purchased from agriculture extension department Abbottabad-Pakistan. Ten grams seeds
104 of each cultivar were sown in loamy sand under controlled environmental temperature (18°C)
105 in the greenhouse. After two weeks of germination, the seedlings were uprooted; their roots
106 were washed with tap water to remove sand particles and transplanted to the hydroponic system
107 placed in the greenhouse.

108 Hoagland solution was prepared by using the standard recipe mentioned in protocol (Hoagland
109 and Arnon, 1950; Sharma *et al.*, 1995; Ghani *et al.*, 2015) for wheat crop with little
110 modifications as shown in table1. All the salts were autoclaved, dissolved and pH of the
111 solution was checked regularly which was between 6.7-7.02. Nutrient were supplied daily

112 except on 3rd day, on first day 1/4th concentration of solution, which was increased to half and
 113 full concentration on 2nd and 4th day respectively.

114 **Table1.** Chemical formulae and concentrations of nutrients used

Chemical Formulae	Concentration (μM)	Chemical Formulae	Concentration (μM)
Ca (NO ₃) ₂	1000	MnSO ₄	2.0
K ₂ SO ₄	1000	ZnCl ₂	0.5
MgSO ₄	600	CuSO ₄	0.3
KH ₂ PO ₄	200	Na ₂ MoO ₄	0.29
CaCl ₂	5000	Fe-EDTA	200
H ₃ BO ₃	1.0		

115

116 *2.2. HMs treatment*

117 In the current study Cadmium (Cd) and Chromium (Cr) concentrations used were 80 μM, 100
 118 μM and 120 μM, 140 μM respectively. Nine different treatments, T₁ without heavy metals as
 119 control, Cd 80 μM, 100 μM, Cr 120 μM, Cr 140 μM, Cd + Cr: 80 + 120, Cd + Cr : 100 + 120,
 120 Cr + Cd : 140 - 80, Cr + Cd : 140 + 100 were used with complete randomized block design in
 121 triplicates. Heavy metals were applied after one month of seedling in an ascending order
 122 starting from lower to higher concentration.

123 *2.3. Morphological observations*

124 Plant samples (two seedlings) were randomly selected from each pot at the tillering stage after
 125 15th day of HM treatment. The seedlings were washed with deionized water. A transparent
 126 ruler was used to measure the whole length of the plant (shoot + root) in cm and leaf numbers
 127 were counted to note the difference between the control and heavy metal treated seedlings.
 128 Tolerance index was calculated by using Wilkins, (1957) method.

$$Tolerance\ index\ \% = \frac{Observed\ value\ of\ root\ length\ in\ solution\ with\ metal}{Observed\ value\ of\ root\ length\ in\ solution\ without\ metal} \times 100$$

129

130 *2.4. Extraction*

131 For extraction the method described by Venkateswaran & Pari, 2003; Omoloye *et al.*, 2007
132 was followed with little modifications. Three plants from each pot were selected for
133 biochemical study; leaves were collected on 18th day of HM treatment and preserved at -20°C
134 for two weeks. Briefly, 0.5 gram of preserved leaves was crushed in a mortar. The powdered
135 material was shifted to falcon tube containing 10 ml methanol and placed in shaker (36°C)
136 overnight. The next day mixture was centrifuged at 4000rpm for 10 minutes and supernatant
137 was collected. Additional 10 ml of methanol was added to the pellet in falcon, vortexed and
138 placed on a shaker for 1 hour. The solution is centrifuged; supernatant was collected and stored
139 in in refrigerator at 4°C until further analysis is done.

140

141 2.4.1 Total phenolics contents

142 Total phenolic contents (TPC) were determined by slightly modified Folin-Ciocalteu method
143 as described earlier (Alves *et al.*, 2010; Lin *et al.*, 2011). 1.0 mL of leaf extract was added to
144 labelled falcon tube, followed by 1 mL Folin-Ciocalteu reagent (1:15) solution and 2 mL of 6
145 % (W/V) sodium carbonate solution and left in dark for 90 minutes. Absorbance level was
146 measured by using double beam UV spectrophotometer (Model No. T80⁺) at 765 nm. The
147 experiment was done in triplicate. The final concentrations of phenolic compounds in extract
148 were expressed as gallic acid equivalents (GAEs).

149

150 2.4.2. Total flavonoids contents

151 Aluminum chloride (AlCl₃) method was used to determine the flavonoids content as described
152 by Barroso *et al.*, (2011). Briefly, in 1.0 mL of plant extract 0.5mL (5%W/V) of NaNO₂
153 solution was added and left for 5minutes. 0.5mL AlCl₃ (10 % W/V) was added followed by
154 2.0 mL NaOH solution (4 %W/V). The absorbance was measured at 510 nm using UV-Visible
155 spectrophotometer (Model No. T80⁺), was compared to the quercetin standard and was
156 expressed as mg quercetin equivalents per g of sample.

157

158 2.4.3 Antioxidants

159 DPPH scavenging activity of wheat leaves was determined by method described previously by
160 Aoshima *et al.*, 2004 and Yu *et al.*, 2002. 4.0 mL of 0.1mM DPPH (in methanol) was mixed
161 with 1.0 mL leaf extract. The solution was then kept in dark at room temperature for 30
162 minutes. The antioxidant activity was determined by measuring absorbance of the solution at

163 517nm by spectrophotometer (Model No. T80⁺). Blank DPPH solution was used as negative
164 control and ascorbic acid was used as positive control and percent inhibition was measured
165 with the following equation:

$$166 \quad \% \text{ Inhibition} = \frac{(A_{\text{blank}} - A_{\text{sample}})}{A_{\text{blank}}} \times 100$$

167 3. Result and Discussion

168 3.1 Effects of HMs on phenotypic parameters

169 After 15th day of HM treatment, comparison was made between the control and HMs treated
170 seedlings. The uptake of HMs caused yellowing of the leaves and stunted growth of wheat
171 seedlings. Cd was more toxic as compared to Cr stress and cause stunted growth in wheat plant
172 (Ather and Ahmed, 2002). In the present study, it was found that growth of both cultivars of
173 wheat as compared to control were more pronounced on the seedlings where the metals were
174 applied singly (Cd: 100 μ M and Cr 140 μ M) The length of the root was more affected with
175 HMs as compared to aerial parts. Less number of leaves were counted at high dose of HM
176 treatment (Fig.1). These symptoms on the leaves of wheat cultivars due to uptake of Cr. As
177 both phosphate and sulphate transporters help in the uptake of chromium, hence lead to
178 deficiency of macronutrients (N, K, Mg). The deficiency of these macronutrients showed the
179 typical nutrient deficiency toxicity symptoms (Guarino *et al.*, 2020; da Conceicao Gomes *et*
180 *al.*, 2017).

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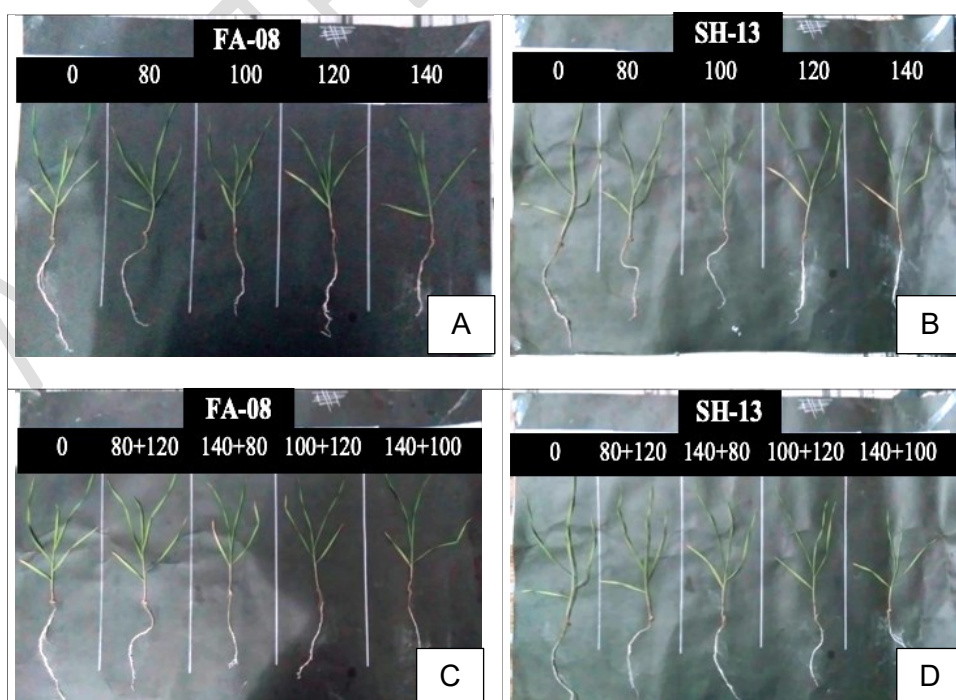
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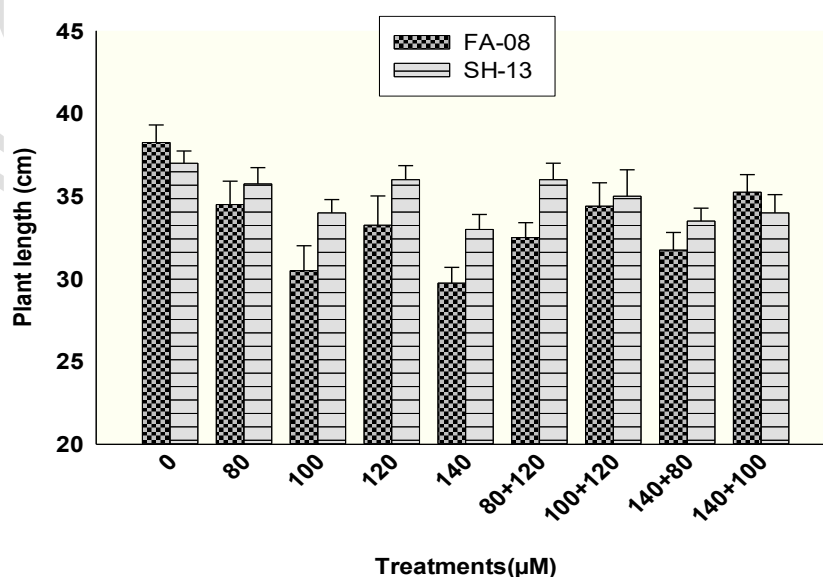
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191 **Figure 1.** (A). Phenotypic comparisons between control and singly given stress of Cd and Cr of cultivar
 192 FA-08, (B). Control and singly given stress of Cd and Cr of SH-13, (C). Control and stress Cd-Cr in
 193 combination form of cultivar FA-08, (D). Control and stress Cd-Cr in combination form of cultivar SH-
 194 13.

195 *3.1.1 Plant length*

196 Both cultivars of wheat exhibited reduced growth when treated with HM. This reduced growth
 197 due to fewer numbers of leaves, stunted growth of root and stem. It was found that the whole
 198 length of the plant is significantly decreased with increased concentration of applied heavy
 199 metals Cd, and Cr. This effect was more pronounced in cultivar FA-08 as compared to cultivar
 200 SH-13. When Cd was applied in 100 μ M concentration, FA-08 significantly decreased in plant
 201 length (30.5 \pm 1.50 cm) as compared to control (38.25 \pm 1.06 cm). This plant length of FA-08
 202 was even decreased (29.75 \pm 0.95 cm) as compared with control (38.25 \pm 1.06 cm) with an
 203 increase level of Cr i.e., 140 μ M. Similarly, the seedling growth of SH-13 was also retarded
 204 (33 \pm 0.90) as compared to control (37.0 \pm 0.74) with higher concentration of Cr (Cr: 140 μ M).
 205 At level Cd + Cr: 140 + 100 μ M, where high dose of HMs were applied in combination, the
 206 cultivar SH-13 showed significant reduction in length as compared to cultivar FA-08 (Fig. 2).
 207 Similar growth pattern was reported in *Brassica napus* at high dose of Cd (100 and 500 μ M)
 208 Ali *et al.*, 2013. It was found that Cr in combination Cd worked both synergistically and
 209 antagonistically depending on the type of plant species and affects the plant growth (Khan *et*
 210 *al.*, 2018). In the present study it was observed that Cd reduced the accumulation of Cr.
 211 However, when Cr was applied individually, it effected the plant growth significantly
 212 Add more references and explain possible cause??

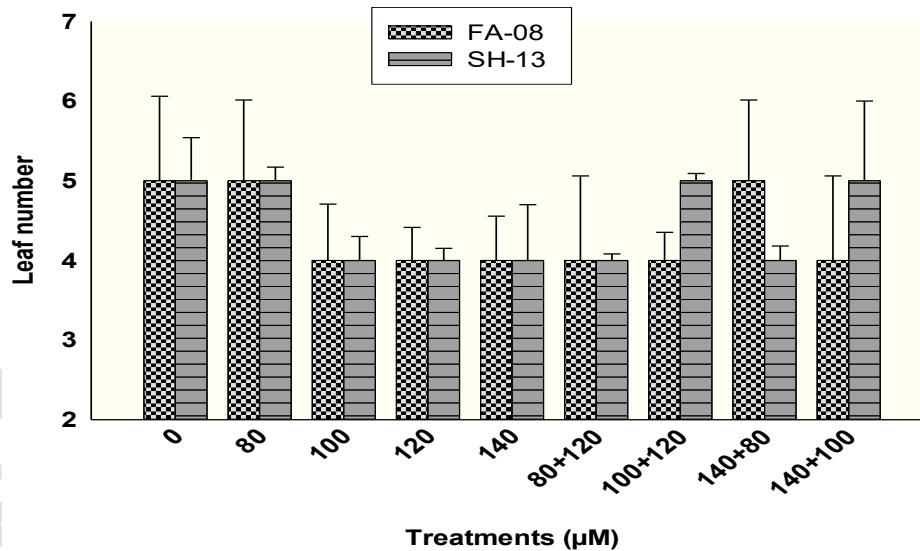


213

214 **Figure 2.** Comparison of plant length between control and heavy metals, Cd (NO₃)₂ μM/L (80, 100);
215 K₂Cr₂O₇ μM/L (120, 140) stress seedlings and stress of Cd + Cr in combine form to both cultivars; FA-
216 08, SH-13. Data are expressed as the mean ± SD of three replicates. Bars showed the significant
217 difference between the control and treatments by *Tukey*-test at *P* < 0.05.

218 3.1.2 Leaf number

219 There was an inverse effect of higher concentrations of Cd and Cr on the number of leaves
220 (from 5 to 4) in both cultivars (FA-08, SH-13). The cultivar SH-13 showed more reduction in
221 leaf number as compared to cultivar FA-08. The number of leaves showed no significant
222 difference between control and stress plants, but phenotypic conditions (phytotoxic symptoms)
223 showed the difference between control and stress plants (Fig. 3). The number of leaves in wheat
224 cultivar at (0.5, 1.0 mM) of Cr levels was less than half of control (Sharma *et al.*, 1995). Cd at
225 level 100, 500μM greatly reduced the number of leaves per plant as compared to their control
226 group in *Brassica napus*, (Ali *et al.*, 2013).



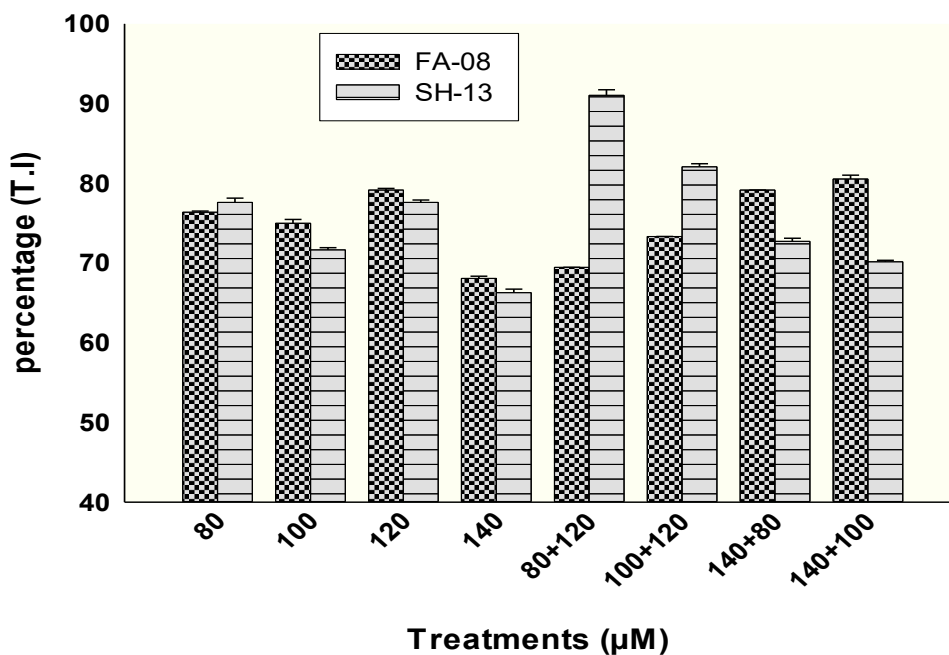
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230 **Figure 3.** Comparison between control, HMs Cd, Cr stress seedlings and Cd + Cr in combination to
231 both cultivars, FA-08, SH-13. Data are expressed as the mean ± SD of three replicates. Bars showed
232 the significant difference between the control and treatments by *Tukey*-test at *P* < 0.05.

233

234 3.1.3 Tolerance index

235 Tolerance index of root showed that the cultivar FA-08 showed less reduction in length of root
 236 after 15 days of treatment with toxic HMs as compared to cultivar SH-13. Root length after
 237 uptake of metals in cultivar FA-08 at levels Cd:100, Cr:140, where stress is given singly and
 238 Cr+Cd:140:80, Cr+Cd:140:100 showed less decreased in length as compared to SH-13. FA-08
 239 at level, Cd+Cr:80+120, Cd+Cr:100+120 showed reduction in root length as compared to
 240 cultivar SH-13. At level Cr 140 μ M both cultivars showed significant difference from the
 241 control conditions. From the observations, both cultivars were tolerant to heavy metal because
 242 they are not fully dead but show toxicity symptoms, stunted growth and reduction in leaf
 243 number and leaf area (Fig. 4). Tolerance index help to know the tolerance of plant against high
 244 concentration of metal stress over a long time period (Ghosh & Singh, 2005). Tolerance index
 245 was calculated to know the length and biomass of stem, root and leaf, in *Brassica juncea*
 246 tolerance index was increased as the concentration of Zn was increased (Jamali *et al.*, 2014;
 247 Chaudhry *et al.*, 2020).

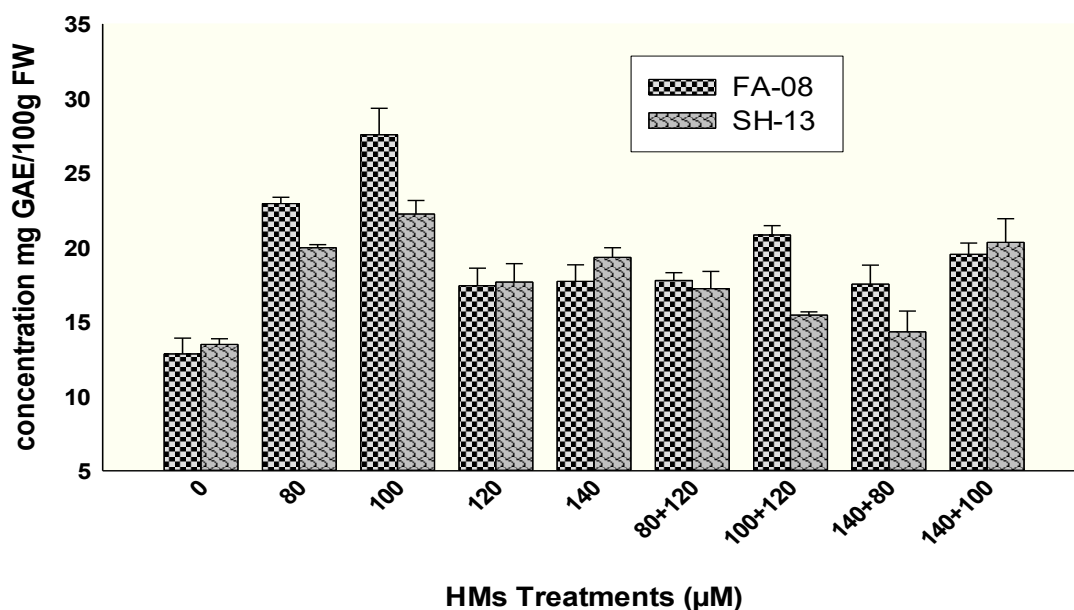


248 **Figure 4.** Tolerance index of two cultivars FA-08; SH-13, showed the effect of heavy metals Cd, Cr
 249 and tolerance of wheat cultivars by measuring root length at different concentration of metals and
 250 control was assumed as zero. Data are expressed as the mean \pm SD of three replicates. Bars showed the
 251 significant difference between the control and treatments by *Tukey*-test at $P < 0.05$.
 252

253
 254 **3.2. Effect of HMs on total phenolic contents**

255 Wheat is rich source of bio-accessible polyphenols as compared to the other cereals (Hithamani
 256 & Srinivasan, 2014). In the present study it was found that the cultivar FA-08 possessed the

257 highest phenolic concentration at Cd:100 (27.57 ± 1.77) followed by Cd:100 (22.23 ± 0.91) in
258 cultivar SH-13. When Cd and Cr were applied in combination with each other, it was found
259 that cultivar FA-08 exhibited the highest concentration of phenolics (20.83 ± 0.62) when Cd and
260 Cr used in a concentration of 100 μM and 120 μM respectively. However, in cultivar SH-13,
261 highest value of phenolics was found (20.33 ± 1.59) when Cr and Cd were used in a
262 concentration of 140 μM and 100 μM respectively. Fig. 5 depicts the total phenolic contents
263 in both cultivars treated with Cd and Cr alone or in combination. The stress of metals in plants
264 is related to the chemical nature of the HMs (Anjum *et al.*, 2012). It was found that phenolic
265 contents started to increase in both wheat cultivars with an increase in the concentration of Cd,
266 Cr and their combinations. According to Márquez-García *et al.*, 2012 phenolics, flavonoids
267 and antioxidants started to increase, when concentration of Cd was increased from 0, to 50
268 $\mu\text{g/g}$. In one other study, phenolic contents tend to increase at 50ppm of Cd in *Zea mays* plant
269 (Kısa *et al.*, 2016). A significant difference was noted between control and heavy metal treated
270 wheat seedlings as far as total phenolics are concerned. The different doses of Cd (80 μM and
271 100 μM) considerably increased the concentration of phenolics in leaves of both cultivars as
272 compared to increased concentrations of Cr (120 μM and 140 μM). Higher synthesis of
273 phenolic contents was observed in wheat in response to metal toxicity. An increase of phenolics
274 correlated to the increase in activity of enzymes involved in phenolic compounds metabolism
275 was reported, under heavy metal stress (Mallick *et al.*, 2006). Under control conditions, both
276 cultivars displayed the lowest phenolic contents. the lowest value is noted at level
277 Cr+Cd:140+80 in case of cultivar SH-13 (14.32 ± 1.39) followed by FA-08 (17.52 ± 1.27). HMs
278 affects polyphenol level in *Albizia procera* decreased at 5ppm and increased at 10ppm in case
279 of Cd (Preeti and Tripathi, 2011).



280

281 **Figure 5.** Quantification of total phenolic contents (mg GAE/100 g, FW) in the leaves of wheat cultivars
 282 via spectrophotometer.

283

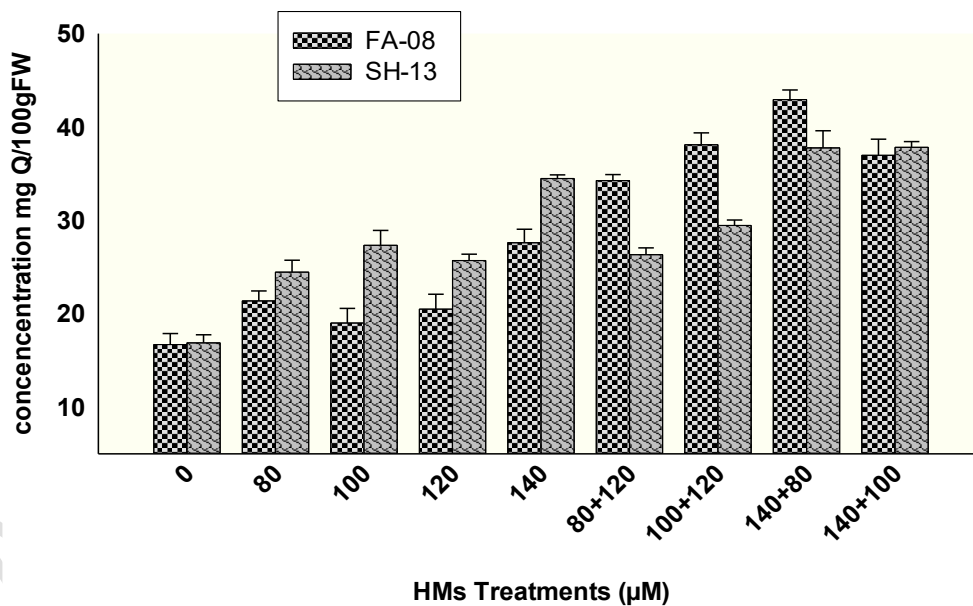
284 Gallic acid was used as a standard for quantification of phenolics in leaves of wheat cultivars,
 285 FA-08, SH-13. Different concentrations of gallic acid ranging from 0 to 100 ppm were used to
 286 construct the standard curve. Data are expressed as the mean \pm SD of three replicates. Bars
 287 show significant difference between control and treatments by *Tukey*-test at $P=0.05$. The
 288 equation used for polyphenols quantification was $y = 121x - 1.2638$. Where x is the absorbance
 289 of sample and y is the concentration of gallic acid and R^2 value determined using gallic acid as
 290 a standard was 0.9764 (Fig. 5).

291

292 3.3. Effect of HMs on total flavonoids contents

293 Flavonoid contents in two wheat cultivars (FA-08 and SH-13) under control conditions were
 294 ranged from 16.5153 to 16.7222 mg/100 g FW (Fig. 6). The concentration of flavonoids was
 295 increased in both wheat cultivars as the concentration of Cr and Cd was increased individually
 296 or in combination. Higher concentration of flavonoids was recorded in cultivar SH-13 as
 297 compared to FA-08, when Cd and Cr were applied separately. At a concentration of Cd 100
 298 μM , the flavonoid contents (19.01 ± 1.57) in FA-08 is significantly different from SH-13
 299 (27.34 ± 1.60) whereas at level Cr: 140 μM the flavonoids in FA-08 was significantly lower
 300 (27.60 ± 1.45) than cultivar SH-13 (34.49 ± 0.38) and also showed a significant difference from
 301 the control FA-08 (16.71 ± 1.61), SH-3 (16.88 ± 0.87) respectively. Total flavonoid content was

302 observed highest in FA-08 (42.94 ± 1.03 mg/100 g) followed by SH-13 (37.77 ± 1.83) at level
 303 Cr + Cd ($140 \mu\text{M} + 80 \mu\text{M}$) while the control of FA-08 (16.71 ± 1.16) and SH-13 (16.88 ± 0.87)
 304 were lowest in flavonoid content. The cultivar FA-08 had higher flavonoids concentration
 305 (42.94 ± 1.03) when of Cd ($80 \mu\text{M}$) and Cr ($140 \mu\text{M}$) were applied in combination followed by
 306 SH-13 (37.77 ± 1.83) and at level Cr + Cd : $140 \mu\text{M} + 100 \mu\text{M}$ where flavonoids contents were
 307 low in FA-08 as compared to SH-13. At level Cd + Cr : $80 \mu\text{M} + 120 \mu\text{M}$, and $100 \mu\text{M} + 120$
 308 μM showed a significant difference between FA-08 and SH-13 and all values in combine form
 309 of stress showed a significant difference from the control. It was concluded that flavonoids
 310 could rescue the growth inhibition of seedling at different doses of HMs and when stress of
 311 Cd, Cr was given in combine form. Flavonoids commonly found in aerial part of plants and
 312 usually accumulate in vacuole as glycosides. The flavonoid contents tend to increase under
 313 biotic and abiotic stress (Gill & Tuteja, 2010). In reported study, phenolics and flavonoids tend
 314 to increase at 2mM of Boron (B) in tomato plant (Cervilla *et al.*, 2012). In present study leaf
 315 part was used for phytochemical analysis because most of the bioactive compounds were
 316 present in leaf part of wheat.



317
 318 **Figure 6.** Concentration of total flavonoid contents (mg CE/100 g, FW) in the leaves of wheat cultivars
 319 by spectrophotometer. Data are expressed as the mean \pm SD of three replicates. Bars show significant
 320 difference between cultivars and between control and treatments by *Tukey*-test at $P=0.05$.

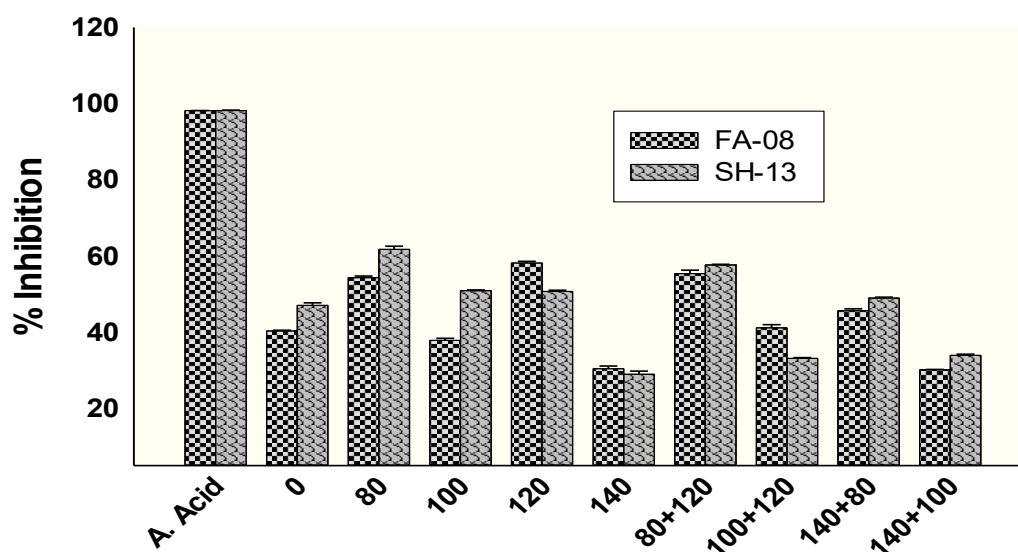
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 322 For the estimation of total flavonoids by spectrophotometer among the two wheat cultivars
 323 quercetin was used as a standard and then standard curve was made by using different

324 concentration of quercetin ranging from 0 to 100 ppm. The equation used for quantification of
325 flavonoids was $y = 492.72x - 5.2677$ and $R^2 = 0.9878$. Where x is the absorbance of sample and
326 y is concentration of quercetin and R^2 value determined using quercetin as a standard was
327 0.9878 (Fig. 6).

328

329 3.4. Effect of HMs on antioxidant activity

330 Ascorbic acid is abundant in photosynthetic cells of mature leaves (Gill & Tuteja, 2010).
331 Present results indicated that cultivar SH-13 had highest antioxidant activity ($47.06\% \pm 0.11$)
332 followed by cultivar FA-08 ($40.34\% \pm 0.20$) without HMs treatment. Both cultivars exhibited
333 a trend in lower antioxidant activities with an increase in the application of Cd and Cr.
334 Antioxidant capacity of any plant fluctuates due to the presence of antioxidant compounds like
335 phenolic acid and tannins, which enhance its capacity to overcome ROS (reactive oxygen
336 species) and comprises of high content of ascorbic acid, vitamin E and vitamin A (Santos *et*
337 *al.*, 2014). The antioxidant activity was found higher when Cd was applied singly in a
338 concentration of $80\mu\text{M}$ in cultivar SH-13 ($61.78\% \pm 0.83$) followed by cultivar FA-08
339 ($54.53\% \pm 0.40$). When Cr was applied in a concentration of $120\mu\text{M}$, antioxidant activity was
340 higher in cultivar FA-08 (58.20 ± 0.43) followed by SH-13 (50.72 ± 0.30). On the other hand,
341 high dose of Cr ($140\mu\text{M}$) had reduced the antioxidant considerably and showed a significant
342 difference between both wheat cultivars FA-08 (30.46 ± 0.68); SH-13 (29.0 ± 0.80) as compared
343 to other Cd treated and controlled wheat seedlings in both cultivars. Ascorbic acid plays an
344 important role in protection of cellular compartments against the ROS stress, but they cannot
345 cope with the reducing radicals such as superoxide's (Michalak, 2006). There was more
346 reduction in the antioxidant activity at high dose of Cr: $140\mu\text{M}$, FA-08 (30.46 ± 0.68); SH-13
347 (29.0 ± 0.80) as compared to the high dose of Cd: $100\mu\text{M}$, FA-08 (37.87 ± 0.57), SH-13
348 (50.90 ± 0.22). Ascorbic acid found significantly lower in tomato fruit when grown in heavy
349 metal contaminated soil as compared to virgin soil, so nutritional values are greatly affected
350 (Hashem *et al.*, 2018). The significant difference was noted between cultivars, FA-08 and SH-
351 13 at level Cd: 100 and stress in combine form Cd + Cr: $100:120$. FA-08 at control level showed
352 a significant difference from Cd: 80 ; Cr: 120 and Cd + Cr: $80+120$. SH-13 showed a significant
353 difference between control and Cd: 80 , Cd + Cr: $80+120$, (Fig. 7).



Ascorbic acid and different HMs treatments (μM)

354

355 **Figure 7.** Analysis of DPPH scavenging potential of wheat leaf extracts both cultivars.

356

357 Antioxidant activity of the leaves of two wheat cultivars was checked against DPPH. The
358 absorbance of DPPH and its decolorized form was measured at 517 nm by spectrophotometer.

359 Ascorbic acid was used as a positive internal control which yielded $98\% \pm 0.1256$ antioxidant
360 activities. Data are expressed as the mean \pm SD of three replicates. Bars show significant
361 difference between cultivars and between control and treatments by *Tukey*-test at $P=0.05$.

362

363 **Table 2.** The R values (correlation coefficients) of phytochemical compounds of the leaves of
364 wheat exposed to heavy metal applications.

Treatments(μM)/L	FA-08			SH-13		
	TPC	TFC	DPPH	TPC	TFC	DPPH
80	0.99**	0.97**	0.99**	0.99**	0.99**	0.96**
100	0.99**	0.98**	-0.93**	0.99**	0.77*	0.83*
120	0.98**	0.95**	0.98**	0.99**	0.99**	0.83*
140	0.99**	0.98**	-0.99**	0.99**	0.98**	-0.95**
80+120	0.98**	1**	0.92**	0.99**	0.99**	0.93**
100+120	0.99**	0.99**	-0.55	0.93**	0.99**	-0.91**
140+80	0.96**	0.95**	0.67	0.87**	0.99**	0.67
140+100	0.99**	1**	-0.98**	0.99**	0.99**	-0.91**

365 Correlation is significant at the 0.01 (***) and 0.05 (*) level (2-tailed).

366

367 The correlation analysis among the biochemical compounds of wheat leaves in the growth
368 medium containing heavy metals was performed with bivariate (Pearson's) correlation. We
369 demonstrate a positive correlation with the total phenolics and flavonoids when the wheat is
370 exposed to Cd and Cr, especially ($p < 0.01$). Likewise, there are negative correlations between
371 antioxidants and some treatments in wheat leaves exposed to all heavy metal applications
372 except a few showed a positive correlation when heavy metal concentration was low (Table 2).

373 In correlation results, it is shown that in cultivar FA-08 at a concentration of Cd:100 and Cr:140
374 antioxidant decreased showed a negative correlation (Table 2) and in the same way Cd high
375 concentration in combination form also decreased the antioxidant contents and in cultivar SH-
376 13, the Chromium high concentration Cr:140 μ M decreased the antioxidant and showed
377 negative value Cd showed positive correlation with antioxidant and in combination form
378 showed decreased in contents of antioxidants as concentration of cadmium is 100 μ M and
379 Cd+Cr:100+120, Cr+Cd:140+100 μ M.

380

381 **5. Conclusion**

382 From this research study it can be concluded; wheat is an important cereal crop and is widely
383 cultivated in Pakistan, exposure of HM pollution at any stage of plant growth is a threat to
384 living organisms when consumed. The tested cultivars FA-08, SH-13, accumulated the HMs
385 Cd, Cr at different concentrations in their tissues, applied separately and in combination and
386 caused physiological changes. Visual observations depicted those morphological parameters
387 are less affected in cultivar SH-13 as compared to cultivar FA-08. The phenolic and antioxidant
388 contents of cultivar SH-13 were higher as compared to cultivar FA-08 in the control condition.
389 The contents of phenolics and flavonoids decreased as the concentration of HMs increased in
390 wheat cultivars. The content of chlorophyll, carotenoids and other biochemicals can be used as
391 indicators under heavy metal stress conditions or nutritional deficiencies and combine form of
392 metals less affected the plants as compared to when they applied separately so these parameters
393 can be further studied in wheat cultivars. The study also prompts to launch an analysis of plant
394 which also helps to suggest a better cultivar like SH-13 to be used in daily uptake.

395

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402 **Conflict of interest**

403 Authors don't have any conflict of interest.

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