

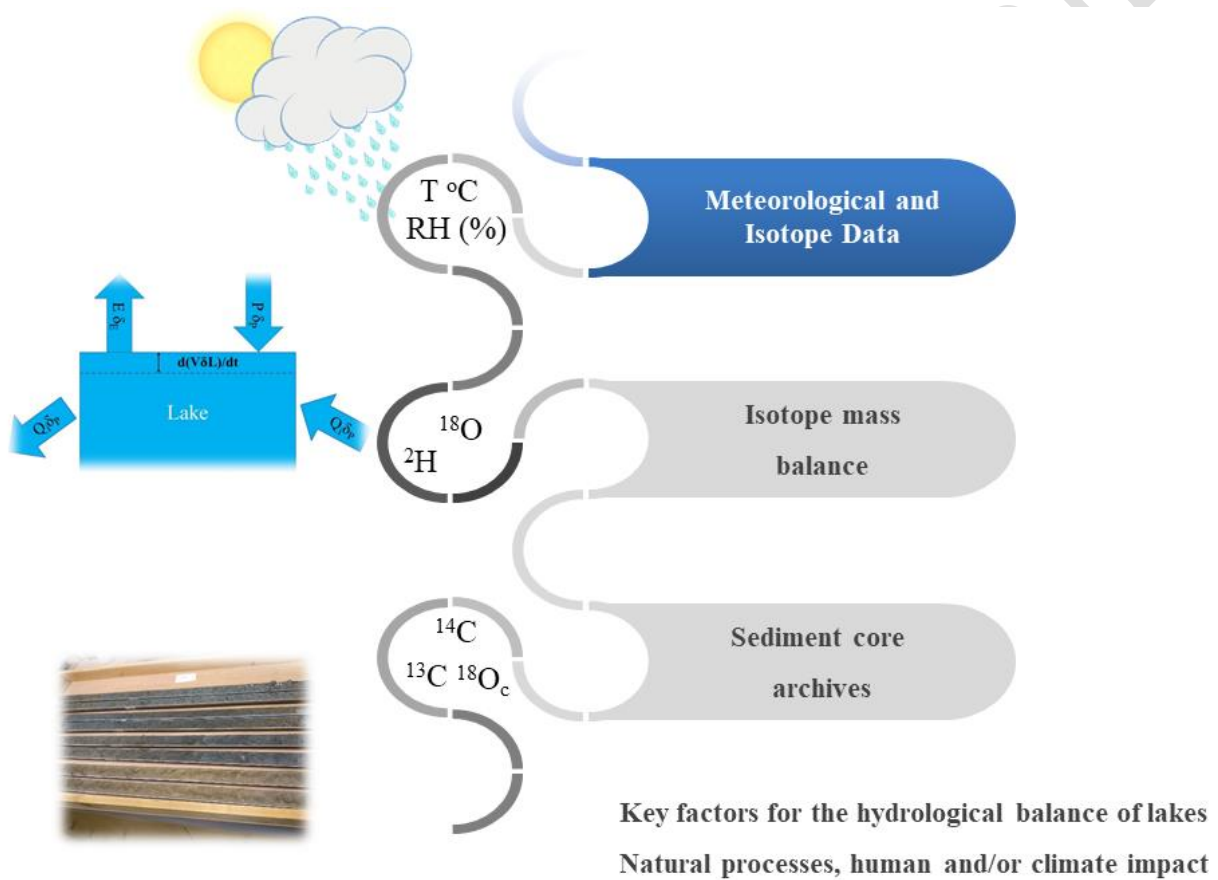
# Isotope hydrology model and stable isotopes in sediment records from Balkan lakes

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## GRAPHICAL ABSTRACT



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10 **ABSTRACT**

11 Isotope mass balance in lake systems is strongly correlated with several climatic factors such as  
12 temperature, evaporation, precipitation and air moisture. On the other hand, the sedimentary budget  
13 of lake basins driven by climate, tectonic and/or human impact is an essential pool of environmental  
14 records. Precipitation, springs and lake water  $\delta D$  and  $\delta^{18}O$  isotope data were used in order to  
15 understand the key factors for the hydrological balance of Balkan lakes in West Macedonia. In  
16 general, it is concluded that the open lake Ohrida and the semi-closed lake Kastoria are more buffered  
17 hydrological as karst systems and less sensitive to evaporation effect, in contrast to the closed lake  
18 system of Prespes that present a strong dependence on climate seasonality. Based on oxygen isotopes  
19 in bulk sediments, it is concluded that in Kastoria lake basin an increased run-off on the land surface,  
20 probably under a more humid period, in 2.4 kyr BP disturbed the transition to a drier regime from  
21 mid/late Holocene to present.

22  
23 **Keywords:** Lake Kastoria; Holocene; Mediterranean; Balkan; palaeoclimate; stable isotopes;  
24 sediments

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## 25 **1. Introduction**

26 Mediterranean area is strongly affected by climate change with a strong impact on the hydrological  
27 cycle (Luterbacher et al., 2005; Fletcher and Zielhofer, 2013; Lelieveld et al., 2012). Several climate  
28 models end up to interannual variability for both temperature and precipitation (Giorgi 2006).  
29 Moreover, palaeoclimatic reconstructions highlight climate and hydrology variation in Mediterranean  
30 area during Holocene. In this frame, topography, geomorphological environment, and human  
31 activities define how these complex processes balance as regards human societies. Today, it is very  
32 important to have in-depth knowledge about past climate variations and modern environment in order  
33 to build our future actions with respect to ecological and social impacts.

34 Lakes give the opportunity to assess climate variation as 1) they are worldwide representing different  
35 climate conditions (temperature, precipitation, moisture), geographic location (north, south),  
36 hydrology systems (open, closed, semi-closed), water types (fresh/sea water or mixing processes), 2)  
37 the response in long-term intervals including records of hydrologic extremes, 3) they are directly  
38 linked to climate variations incorporating the climate-driven episodes of their basins. Isotope mass  
39 balance in lake systems is strongly correlated with several climatic factors such as temperature,  
40 evaporation, precipitation and air moisture. The well response of isotope hydrology model to different  
41 water bodies makes it a reliable tool to assess hydrological studies. Several studies have been  
42 published regarding the estimation of water balance parameters such as evaporation (E), inflow (I)  
43 and the corresponding ratio (E/I), the residence time of water in the lake (Turner et al., 2014; Narancic  
44 et al., 2017; MacDonald et al., 2017; Gibson et al., 2002; Petermann et al., 2018), and water yield  
45 (Bennett et al., 2008, Gibson et al., 2010; 2017). However, isotope mass balance approach using  
46 hydrogen ( $\delta^2\text{H}$ ) and oxygen ( $\delta^{18}\text{O}$ ) stable isotopes overcomes the lack or the limited instrumental data  
47 concluding in reliable estimations regarding different lake hydrology systems (Haig, et al., 2020). On  
48 the other hand, the sedimentary budget of lake basins driven by climate, tectonic and/or human impact  
49 is an essential pool of environmental records. In this study, we focus on oxygen isotopes  $^{18}\text{O}/^{16}\text{O}$  as  
50 an ideal tracer for water cycle and its signature in bulk sediments. Our interest is focused in the three  
51 hydrological different lakes Ohrida, Prespes and Kastoria in south Balkans. Our main objectives are  
52 (1) to underline the correspondence of isotope mass balance model to three well-defined lakes, and  
53 (2) to reach a new conclusion about paleoclimatic conditions in Kastoria lake basin.

## 54 **2. Materials and methods**

### 55 **2.1. Isotope mass balance model for lake systems**

56 The isotopic mass balance (eq. 2) is based on the water mass balance (eq. 1) for a well-mixed lake  
57 with constant water density:

58  $dV/dt = P + Q_i - E - Q_o$  eq. 1

59  $d(V\delta_L)/dt = P\delta_P + Q_i\delta_P - E\delta_E - Q_o\delta_L$  eq. 2

60 where: V and t, are the lake volume and unit time. P and E are precipitation and evaporation on lake  
 61 surface per unit time. Q factor is calculated by the surface and groundwater budget ( $Q_x=S_x+G_x$ ),  
 62 where o and i markers correspond to outflow and inflow respectively. The isotope values of  
 63 precipitation, evaporation and lake water are induced by  $\delta_P$ ,  $\delta_E$  and  $\delta_L$  respectively. The results are  
 64 expressed in standard delta notation ( $\delta$ ) as per mil (‰) deviation from the standard V-SMOW as:  $\delta =$   
 65  $((R_{\text{sample}} - R_{\text{standard}})/R_{\text{standard}}) \times 1000$ , where  $R_{\text{sample}}$  and  $R_{\text{standard}} = {}^2\text{H}/{}^1\text{H}$  or  ${}^{18}\text{O}/{}^{16}\text{O}$  of sample and  
 66 standard, respectively.  $\delta_P$  and  $\delta_L$  are directly measurable on a water sample however it is not as easy  
 67 for  $\delta_E$ . Craig and Gordon (1965) reported an evaporation model that is used to calculate  $\delta_E$  (eq. 3):

68  $\delta_E = (a^*\delta_L - h\delta_A - \epsilon)/(1 - h + \epsilon_k)$  eq. 3

69 where,

70 h: relative humidity normalized to the saturation vapor pressure at the temperature of the air-water  
 71 interface

72  $\delta_A$ : the isotopic value of the air-vapor over the lake

73  $\epsilon_k$ : kinetic fraction factor, for  $\delta^{18}\text{O}$  with  $\epsilon_k \sim 14.2(1-h) \text{‰}$  (Gonfiantini 1986)

74  $\epsilon = \epsilon^* + \epsilon_k$ , where  $\epsilon^* = 1000(1 - \alpha^*)$

75  $\alpha^*$ : equilibrium isotopic fractionation factor dependent on the temperature at the evaporating surface

76  ${}^{18}\text{O}$ :  $1/\alpha^* = \exp(1137T_L^{-2} - 0.415 T_L^{-1} - 2.0667 \times 10^{-3})$  eq. 4

77  ${}^2\text{H}$ :  $1/\alpha^* = \exp(24844T_L^{-2} - 76.248 T_L^{-1} - 52.61 \times 10^{-3})$  eq. 5

78  $T_L$ : temperature of the lake surface water in degrees Kelvin (Majoube 1971)

79 Eq. 5 describes an additional equation for  $\delta_E$  as proposed by Benson and White (1994) based on the  
 80 same evaporation theory which has been used in other lake models (Ricketts and Johnson 1996).

81  $R_e = [(R_L/a_{\text{eq}}) - (RHf_{\text{ad}}R_{\text{ad}})] / [((1-RH)/a_{\text{kin}}) + RH(1-f_{\text{ad}})]$  eq. 6

82 where,

83  $R_{\text{ad}}$ : isotope ratio of the free atmospheric water vapor with respect to VSMOW,

84 RH: relative humidity, and

85  $\alpha_{\text{eq}}$ : fractionation factor dependent on equilibrium isotopic fractionation factor with  $\alpha_{\text{eq}} = (1/\alpha^*)$

86  $\alpha_{kin}$ : fractionation factor dependent on wind speed where  $\alpha_{kin}=0.994$  for wind speeds less than 6.8  
87  $m*s^{-1}$  (Merlivat and Jouzel, 1979)

88  $f_{ad}$ : fraction of atmospheric water vapor in the boundary layer over the lake where  $f_{ad}=0$  in case that  
89 all the atmospheric water overlying the lake is derived from evaporation, rather than atmospheric  
90 moisture.

91 Finally,  $\delta_E$  is calculated by  $\delta_i=(R_i-1)10^3$  and  $R_i=(R_i/R_{standard})$  where R is the isotope ratio and the  
92 standard, in this case, is VSMOW.

## 93 **2.2. Methodology**

94 Limnological isotope theory (Leng and Marshall, 2004; Roberts et al., 2008) is based on climatic  
95 factors and precipitation-evaporation balance (P/E) for hydrological open and closed lake systems. In  
96 the first case, the origin of precipitation and temperature oscillations determine the isotopic signature  
97 of lake water ( $\delta^{18}O_{LW}$ ) instant of the precipitation-evaporation balance (P/E) that is the key factor for  
98 hydrological closed lakes. The origin of atmospheric water vapor in the boundary layer over the lake  
99 plays an important role in the isotopic signature of lake waters (equations of Benson and White, 1994;  
100 Ricketts and Johnson 1996). In fact, the actual mechanism is a continuous refresh where the air above  
101 the lake constantly supplies the evaporation process permitting molecules to pass from the liquid to  
102 vapor phase and leaving the lake surface. The main incoming air flow pattern in the Mediterranean  
103 area is controlled by the Atlantic Ocean through the Iberian Peninsula or France (for the western  
104 Mediterranean) or from the European continent (for the eastern Mediterranean). **Table 1** shows IAEA  
105 stations with average annual hydro-climate factors from GNIP (IAEA/WMO, 2017) data and  
106 calculated  $\delta^{18}O_L$  values for hydrologically closed lakes. The selection of these stations made  
107 considering the precipitation pattern in the Mediterranean and particularly to the study areas. The  
108 higher precipitation recharge found in the western part of Greece with the contribution of orographic  
109 injections of Pindos Mountains and the mountains of the Peloponnese. Eastern Aegean comes second  
110 where the complex topography and the warm Aegean Sea result in a considerable precipitation  
111 recharge. These significant precipitation amounts attributed to the depressions of Atlantic or western  
112 and central Mediterranean origin that enter Greece on the west during their eastwards route generating  
113 south-southwest wind over the Ionian Sea and southern Greece resulting in reduced precipitation  
114 recharge in Central Greece.

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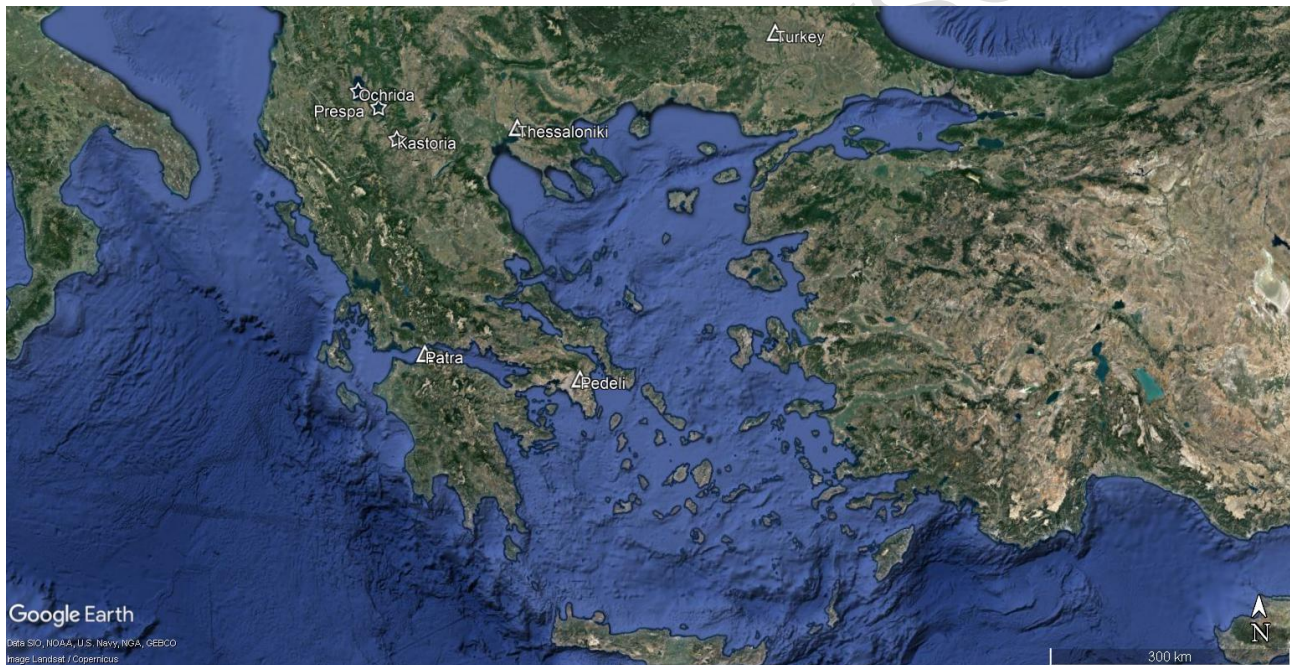
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117 **Table 1.** Summary of average annual hydro-climate factors from GNIP (IAEA/WMO, 2017) data and  
 118 calculated  $\delta^{18}\text{O}_L$  values for hydrologically closed lakes from Chantzi and Almpanakis, 2018

	$T_{av}$ (°C)	$\delta^{18}\text{O}_p$ ‰ VSMOW	Altitude (m asl)	RH (%)	d- excess	(1) $\delta^{18}\text{O}_L$	(2) $\delta^{18}\text{O}_L$	(3) $\delta^{18}\text{O}_L$	mean (1,2) $\delta^{18}\text{O}_L$
<b>Pedeli Athens</b>	15.2	-7.48	451	71	14.98	-4.65	4.40	-2.89	0.76
<b>Thessaloniki</b>	16	-6.69	93	71	9.03	-3.81	5.16	-2.01	1.57
<b>Patra</b>	18.1	-5.78	112	65	10.99	-2.39	6.23	-0.26	2.99
<b>Edirne, Turkey</b>	15	-8.24	80	71	11.58	-5.4	3.66	-3.63	0.01
<b><sup>a</sup>Mean SW</b>	20.6	-9.305	0	38	-	-2.27	5.64	1.55	3.60

119 a: Gat et al., 1996; (1): values from Eq3 that corresponds better to the period with high water-table as it cannot  
 120 render accurately the evaporation process; (2): values from Eq.6 with  $F_{ad}=0$  that correspond to water vapor of  
 121 evaporation origin; (3): values from Eq.6 with  $F_{ad}=0$  that correspond to water vapor of atmospheric moisture  
 122 origin

123



124

125 **Figure 1.** Study lake with marked lakes and IAEA precipitation station. White Star: lake sites; white triangle:  
 126 GNIP (IAEA/WMO, 2017)  
 127

127

### 128 3. Results and Discussion

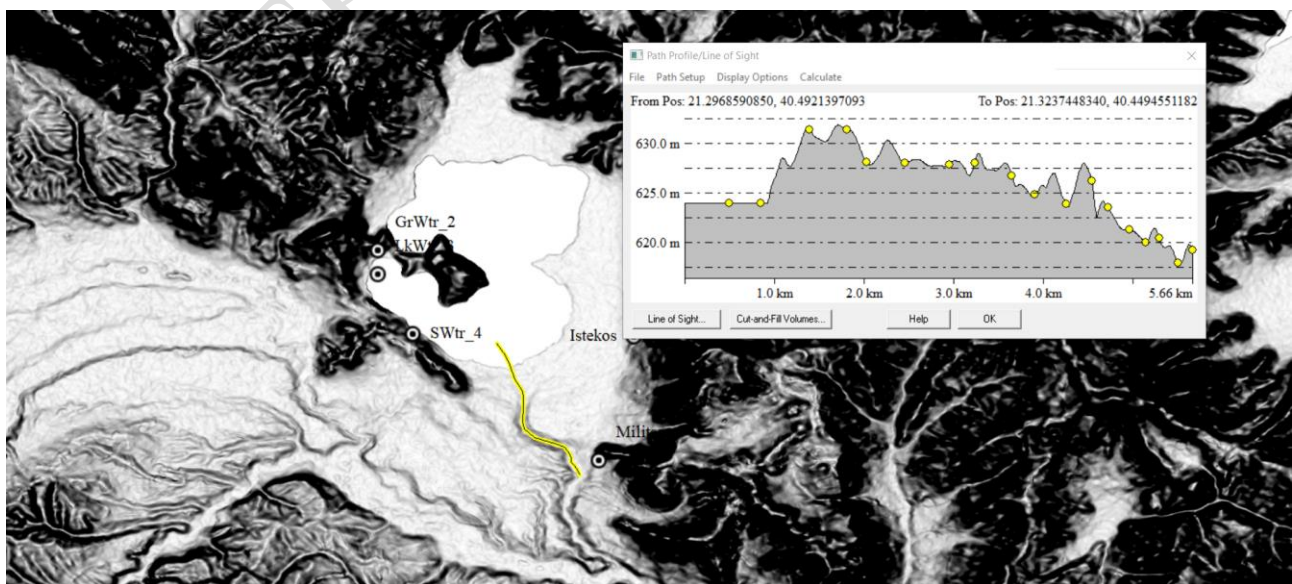
#### 129 3.1. Isotope hydrology

130 In order to trace the changes of the hydrological cycle in the sediments, we first need to completely  
 131 deconstruct the hydraulic behavior of the three lake systems. Kastoria, Ochrid and Prespes belong to  
 132 a large complex of lakes in NW Macedonia of Neogene-Quaternary origin and they are situated in a  
 133 tectonic graben formed during the latest phases of Alpine orogeny (Vafeiadis, P., 1983). The  
 134 geological formation found are Palaeozoic metamorphic, semi-metamorphic and magmatic rocks of

135 the entire western Macedonian Zone, carbonate rocks of Mesozoic (Triassic - Jurassic) period and  
136 Cenozoic sediments including Pliocene and Quaternary alluvial loose deposits. Long term water  
137 isotope data in the wider area (**Figure 3**) present a range from -11.1‰ to -8.7‰ for  $\delta^{18}\text{O}$  and from -  
138 69.2‰ to -50.1‰ for  $\delta\text{D}$  with respect to precipitation data. Springs present mean  $\delta^{18}\text{O}$  and  $\delta\text{D}$  values  
139 about -8.2‰ and -57.7‰ respectively. Each lake refers to a different hydrological status with  
140 different hydrological balance.

141 Kastoria lake surrounded by Verno, Askio, Korissos and Vigla mountains and belongs to Aliakmonas  
142 river basin. The isotopic gradient of the basin estimated -0.12‰/100m ( $\delta^{18}\text{O}$ ‰/100m) (**Table 2**)  
143 lower than that Leontiadis (1992) reported -27‰/100m for the east part of western Macedonia, driven  
144 by different proxies such as air masses flow pattern, temperature, orography, topography, and  
145 geomorphology. The contribution of Kastoria lake water in groundwaters at the southern part of the  
146 basin is remarkable. Detailed, the underground (35m) aquifer located at 630m altitude in the south-  
147 west part of Kastoria Lake basin and circulates in limestones of Middle-Upper Liasio, a land division  
148 that discharges in the center of the lake, presents mean  $\delta^{18}\text{O}_w$  value -8.5‰. The recharge altitude for  
149 this area estimated at 895m with  $\delta^{18}\text{O}_w = -9.4$ ‰, justifying  $\delta^{18}\text{O}_w = -9.04$ ‰ values which are more  
150 depleted than -8.5‰ of groundwater aquifer suggesting a contribution of lake water ( $\delta^{18}\text{O}_L = -1.3$ ‰)  
151 about 5%. Accordingly, at the south part, close Dispilio, with recharge altitude 740m and  $\delta^{18}\text{O}_w = -$   
152 9.2‰, spring water with  $\delta^{18}\text{O}_w = -8.4$ ‰ suggests a contribution of lake water about 6%. Finally,  
153 Militsa and Istekos springs at the south-east part of the basin correspond to the isotopic gradient. The  
154 hydrographic network is characterized by many rivers (Xiropotamos, Vissinias) and streams that  
155 inflow the lake. However, it is interesting that Gioli river functions as an overflow channel to  
156 Aliakmonas river, which characterize Kastoria lake as a semi-closed system.

157



158

159 **Figure 2.** Detailed map of surface and groundwater samples in the south part of Kastoria basin listed in Table2.

160 **Table 2.** Oxygen isotope values for surface and groundwater samples in the south part of Kastoria basin  
161 (Chantzi 2017)

Sample stations	Altitude/depth (m)	$\delta^{18}\text{O}\text{‰ VSMOW}$
GrWtr_2	630/35	-8.5
LkWtr_3	629	1.3
SWtr_4	630	-8.4
Militsa	627	-9.5
Istekos	625	-9.2
Recharging zone I	740	-9.2
Recharging zone II	895	-9.4
Recharging zone III	1050	-9.5

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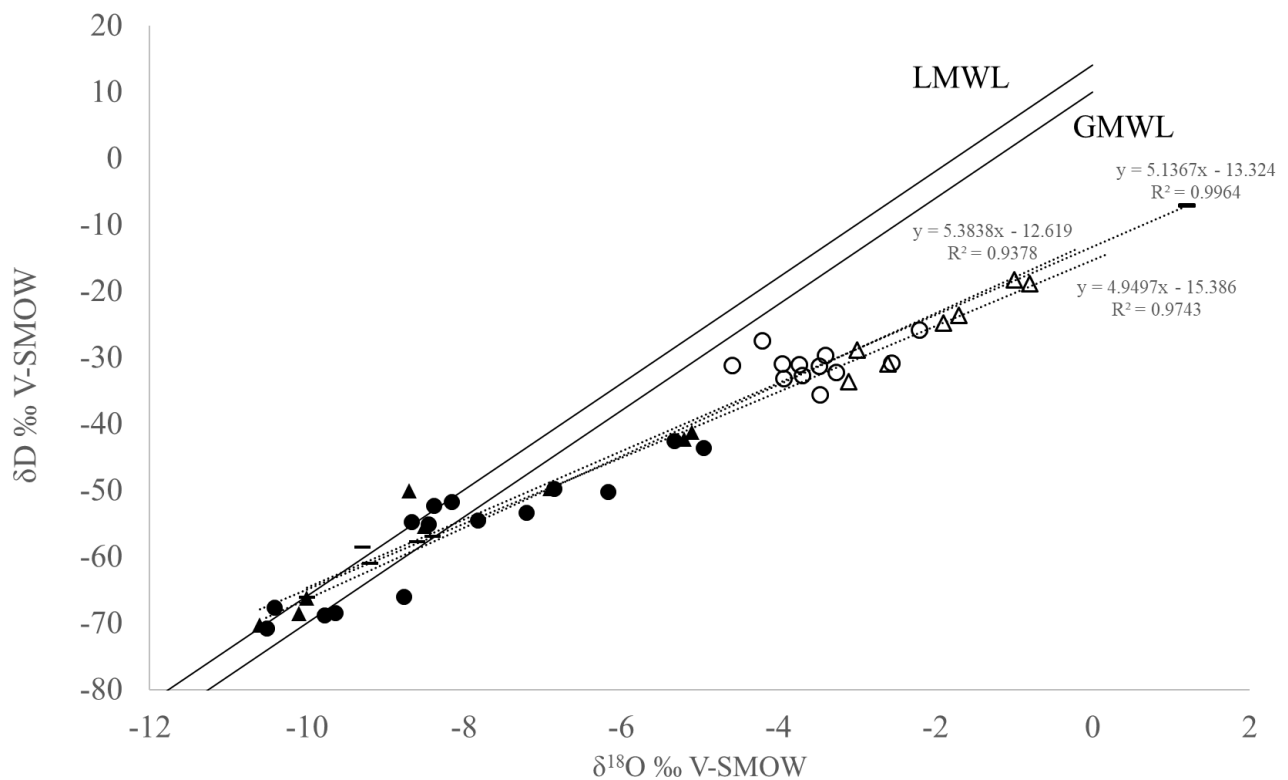
164 Ohrida and Prespes lakes are well documented regarding their isotopic and hydrological model  
165 (Popovska et al., 2007; Leng 2010; Hoffmann et al., 2012; Lacey et al., 2015). Ohrida is an open lake  
166 where the main hydrological output (about 66%) is through the River Black Drin to the northern shore  
167 and the rest is lost through evaporation and seepage (Matzinger et al. 2006). Mean oxygen isotope  
168 values  $\delta^{18}\text{O}_L$  for Ohrida and Prespes lake are about -3.5‰ and -2‰ respectively. Previous studies  
169 (Popovska et al., 2007; Leng 2010; Anovski 2001) have reported that Prespes supply Ohrida through  
170 the karst massifs of the mountains Galicica and Suva Gora located between them. However, Prespes  
171 do not present surface outflow therefore considered as a closed system. In general, it is concluded  
172 that the open lake Ohrida and the semi-closed lake Kastoria are more buffered hydrological as karst  
173 systems and less sensitive to evaporation effect, in contrast to the closed lake system of Prespes that  
174 present a strong dependence on climate seasonality. This is also clear from the local evaporation line  
175 (**Figure 3**) where Kastoria and Ohrida present  $\delta\text{D}/\delta^{18}\text{O}$  ratio about 5.14 and 5.2 respectively, while  
176 Prespes system present  $\delta\text{D}/\delta^{18}\text{O}$  ratio about 4.95 reflecting a more intensive evaporation effect.

177

178

179





180  
 181 **Figure 3.** The isotopic ( $\delta^{18}\text{O}$  and  $\delta\text{D}$ ) composition of modern waters from springs and precipitation data around  
 182 Balkan study sites, as well as the lakes themselves. The Global Meteoric Water Line (GMWL: Craig, H., 1961)  
 183 and the Local Meteoric Water Line (LMWL: Eftimi and Zoto, 1997) are also given. [Closed: precipitation and  
 184 springs; Open: lake water; circle: lake Ohrida (Leng et al., 2010); triangle: Lake Prespes (Anovski 2001);  
 185 rectangle: Lake Kastoria (Chantzi 2017)]  
 186

187

188 **Table 1** summarizes the calculated  $\delta^{18}\text{O}_L$  based on isotope hydrology equations. Mean measured  
 189 value  $\delta^{18}\text{O}_L = -3.5\text{‰}$  for Ohrida lake is very closed to the calculated value  $\delta^{18}\text{O}_L = -3.8\text{‰}$  from  
 190 Thessaloniki station for the equation that corresponds better to higher water-table as it cannot render  
 191 accurately the evaporation process. This is consistent with the higher depth of Ohrida lake (mean  
 192 150m) and its open hydrological status. So, Thessaloniki IAEA station is appropriate to proceed in  
 193 interpretation. Mean measured value  $\delta^{18}\text{O}_L = -2\text{‰}$  for the Prespes lake systems totally meet the  
 194 calculated value  $\delta^{18}\text{O}_L = -2.0\text{‰}$  from Thessaloniki station for the equation that corresponds better to  
 195 water vapor of atmospheric moisture origin. Prespes present a strong seasonality as a closed lake  
 196 system. As we discussed above Prespes are more influenced by the evaporation process in relation to  
 197 Ohrida, however, it is a much shallower system (mean 15m) which is mainly fed by surface runoff  
 198 and precipitation. Moreover, the recharge of the springs and rivers is mainly supported by winter  
 199 precipitation defining the lake levels and the isotope composition of the Prespa lakes (Hollis and  
 200 Stevenson, 1997). Measured  $\delta^{18}\text{O}_L = 1.3\text{‰}$  for Kastoria lake is the more positive value between the  
 201 three lakes. Unfortunately, we have no available long dataset from Kastoria lake, however, this  
 202 positive value could be attributed to high lake water resistance time. This means that this value reflects

203 a long history of cycles between atmospheric moisture and evaporation vapors. Therefore, this  
204 measured value for Kastoria lake is closed to the mean value  $\delta^{18}\text{O}_L=1.6\%$  from Thessaloniki station  
205 for the two equations that correspond to water vapor of both atmospheric moisture and evaporation  
206 origin. What we stressed above all is that isotope mass balance for oxygen values corresponds very  
207 well to primary data reflecting the well-defined processes of these lake systems.

208

### 209 **3.2. Oxygen isotope in lacustrine sediments.**

210 **Figure 4** shows oxygen isotope values of bulk sediments among the different discussed sites in the  
211 Holocene period. The factors that control the isotopic signals in lacustrine sediments are bulk  
212 carbonates with different origin particles, the hydrological regime and water temperature under which  
213 the calcite precipitates, and finally the biological activity that influences the carbonate chemistry.  
214 Carbon and oxygen isotope ratios on authigenic carbonates highlight climate oscillations. The  
215 formation of calcium carbonate depends on the concentration of bicarbonate of calcium ions in water  
216 and it is characterized by the following reaction:  $\text{Ca}^{2+} + 2\text{HCO}_3^- \leftrightarrow \text{CaCO}_{3(s)} + \text{H}_2\text{O} + \text{CO}_2$ . The main  
217 factor that controls the carbonate precipitation is the intake of  $\text{CO}_2$  during photosynthesis process  
218 from aquatic macrophytes and phytoplankton. Variations in  $\delta^{18}\text{O}_c$  of lacustrine carbonates are  
219 interpreted as changes in the precipitation/evaporation ratio (Siegenthaler and Oeschger 1980) and  
220 based on the assumption that in lake systems the calcite precipitates in known isotopic equilibrium  
221 (Epstein et al., 1953; Friedman et al., 1977). In small open lakes the sediments do not present large  
222 variations in  $\delta^{18}\text{O}_c$  values and are mainly attributed to temperature changes during the precipitation  
223 of carbonates, reflecting a seasonal signal. This is typical for Ohrida lake that exhibits  $\delta^{18}\text{O}_c$  values  
224 without strong variations. In closed basins repeated cycles with more positive  $\delta^{18}\text{O}_c$  values highlight  
225 drier periods while more negative  $\delta^{18}\text{O}_c$  values reflect wetter periods (Talbot and Kelts, 1990). The  
226 high stratigraphic variability of  $\delta^{18}\text{O}_c$  values from Prespes closed lake system in the middle and late  
227 Holocene totally reflects the climate variation from wetter to drier conditions and vice versa. The  
228 Holocene paleoclimatic regime of Ohrida and Prespes lakes has been reconstructed in detail and its  
229 not part of this study. What we would like to impose is that  $\delta^{18}\text{O}_c$  variability aligns with the well-  
230 defined hydrological status (open and closed) of these lakes. This point needs to be made in order to  
231 proceed to Kastoria lake.

232 The basin of Kastoria lake belongs to an intermediate zone between the Mediterranean and European  
233 Continental climatic region. The winter is harsh often with frost episodes while in summer the  
234 temperature often reaches  $40^\circ\text{C}$ . Mean annual temperature is  $12.5^\circ\text{C}$  ( $2.4^\circ\text{C}$  in January and  $22.8^\circ\text{C}$  in  
235 July) and annual precipitation ranging between 770mm to 1000mm. The area is characterized by high  
236 humidity in winter months (over 80% from December to February) while it is drier in summer months

237 (50-55% during June to August). Considering the mean annual temperature of the basin, the proposed  
238 equation by Hays and Grossman 1991 for the inland station and  $\delta^{18}\text{O}_{\text{sw(SMOW)}}=0\text{‰}$ :

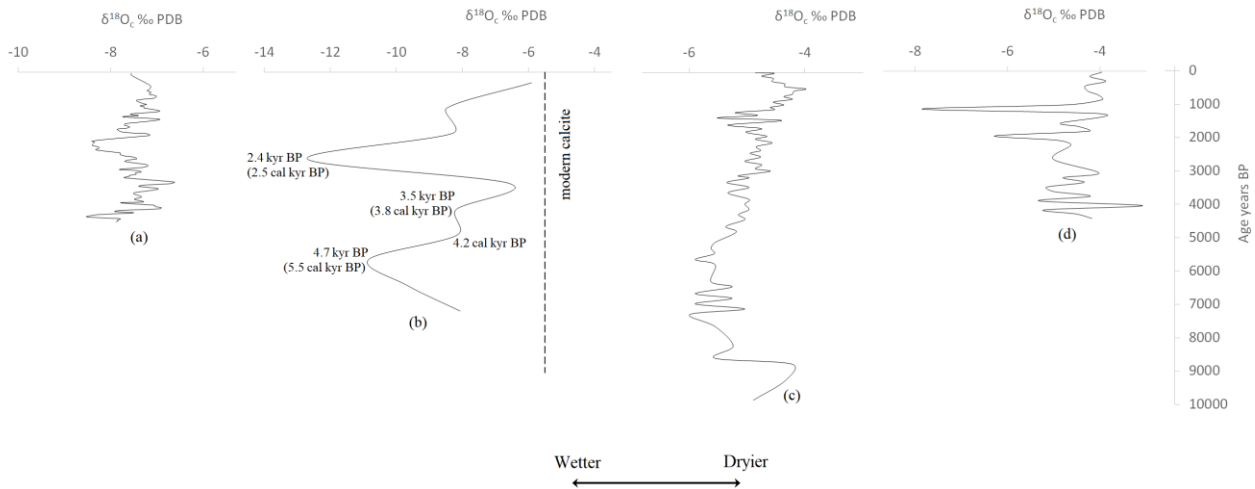
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$$240 \quad \delta^{18}\text{O}_{\text{c(PDB)}} = -14.43 + 1.099 * T (\text{°C}) - 3.08 * 10^{-2} * T^2 (\text{°C}) - \delta^{18}\text{O}_{\text{sw(SMOW)}} \quad \text{eq.(1)}$$

241

242 gives us  $\delta^{18}\text{O}_{\text{c}}$  values of modern calcite about -5.5‰ PDB. For Ohrida lake modern calcite have  
243 reported about -4.5‰ (Lacey et al., 2015)

244 Generally,  $\delta^{18}\text{O}_{\text{c}}$  values of bulk sediments from the southern part of the Kastoria lake present a large  
245 variation between more negative values than the modern one. **Figure 4** shows two main periods: the  
246 transition to wetter conditions until 4.7 kyr BP and then the transition to drier conditions from 4.7 kyr  
247 BP to present. In fact, this shift to a drier regime in mid/late Holocene is disturbed by wetter  
248 fluctuations (2.4 kyr BP and 3.5 kyr BP). Particularly, the extreme value in 2.4 kyr BP exhibits the  
249 most negative value of all data implying the presence of significant contribution of clastic carbonates.  
250 Chantzi et al, 2017b describe in detail the higher sedimentation rates this period attributed to the  
251 destruction (e.g. local deforestation) of natural control mechanisms probably under a wetter period.  
252 It is worth noting that these observations for mid/late Holocene have also been reported for Ohrida  
253 (Lacey et al., 2015), Prespes (Leng et al., 2013) and Shkodra (Zanchetta et al., 2012) lake in the wider  
254 area of western Macedonia. These Holocene variations are also visible in sediment records from Dead  
255 Sea where two long wet periods exist (10-8.6 και ~5.6-3.5 cal kyr BP), with multiple abrupt episodes  
256 of more dry conditions (8.6, 8.2, 4.2, 3.5 cal kyr BP) (Migowski et al., 2006). Carbon isotope data  
257 from sediment records in north Aegean highlighted a wetter period, as well, close to 4.5 kyr B.P  
258 (Kuhnt, T et al., 2008) while Triantaphyllou et al., 2009 suggest that the increased precipitation in the  
259 interval 5-4 kyr BP may have led to the formation of a younger Sapropel in mid Holocene (SMP) in  
260 the southern Aegean. Although  $\delta^{18}\text{O}_{\text{c}}$  values of bulk sediments highlighted an increased run-off on  
261 the land surface under a more humid period, we can't use these records as raw-data and pure  
262 paleolimnology proxies for changes in the lake recharge patterns because authigenic carbonate  
263 signature is not clear. However, Zanchettas et al., 2012 reported that the temperature effect on rainfall  
264 for Mediterranean stations ( $0.2\text{‰ } \text{°C}^{-1}$ , Bard et al., 2002) and on calcite precipitation ( $-0.2\text{‰ } \text{°C}^{-1}$ ,  
265 Kim and O'Neil, 1997) could cancel out each other. This allows us to use  $\delta^{18}\text{O}_{\text{c}}$  values of bulk  
266 sediments as near-pure signal. The distribution of  $\delta^{18}\text{O}_{\text{c}}$  values during mid-Holocene reflect on the  
267 one hand a closed hydrologically lake that responses on climate variation, however, with more  
268 negative values reflecting the influence of precipitation data as an open lake. But, at this time period,  
269 eastern Mediterranean lakes present in general low and stable  $\delta^{18}\text{O}_{\text{calcite}}$  values (Zanchetta et al., 2007;  
270 Robert et al., 2008). In any case we cannot further proceed to the interpretation of the past  
271 hydrologically status of the Kastoria lake because of the lack of both number and quality samples.



274

275 **Figure 4.** Comparison of  $\delta^{18}\text{O}_c$  of bulk sediments among the different discussed sites a) Lake Shkodra  
 276 (Zanchetta et al., 2012); b) Lake Kastoria (Chantzi et al., 2017a); c) Lake Ochrida core 1202 (Roberts et al.,  
 277 2008); d) Lake Prespa (Leng et al., 2010)

278

#### 279 4. Conclusions

280 Precipitation, springs and lake water  $\delta\text{D}$  and  $\delta^{18}\text{O}$  isotope data were used in order to understand the  
 281 key factors for the hydrological balance of western Macedonia lakes. In general, it is concluded that  
 282 the open lake Ohrida and the semi-closed lake Kastoria are more buffered hydrological as karst  
 283 systems and less sensitive to evaporation effect, in contrast to the closed lake system of Prespes that  
 284 present a strong dependence on climate seasonality. This is also clear from the local evaporation line  
 285 (**Figure 3**) where Kastoria and Ohrida present  $\delta\text{D}/\delta^{18}\text{O}$  ratio about 5.14 and 5.2 respectively, while  
 286 Prespes system present  $\delta\text{D}/\delta^{18}\text{O}$  ratio about 4.95 reflecting a more intensive evaporation effect. What  
 287 we stressed above all is that isotope mass balance for oxygen values corresponds very well to primary  
 288 data reflecting the well-defined processes of these lake systems. Therefore, any estimation about the  
 289 past or the future response of lake systems to climate variation requires the in-depth knowledge of  
 290 modern basin processes. Regarding  $\delta^{18}\text{O}_c$  values of bulk sediments in Kastoria lake, we underlined  
 291 two major trends: the transition to wetter conditions until 4.7 kyr BP and then the transition to drier  
 292 conditions from 4.7 kyr BP to present. In fact, this shift to a drier regime in mid/late Holocene is  
 293 disturbed by wetter fluctuations (2.4 kyr BP and 3.5 kyr BP) with an increased run-off on the land  
 294 surface under a more humid period in 2.4 kyr BP. Kastoria lake seems to function as a semi-closed  
 295 lake without any prolonged prevalence of the one or the other hydrological status with respect to  
 296 climate proxies. Finally, this study concludes that mass balance isotope model enables us to interpret  
 297 paleoclimatic variations beyond the instrumental data, however, it requires reliable raw datasets of  
 298 modern climatic and isotope data.

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