INTRODUCTION

Nutrient concentration monitoring is of great interest in environmental research, since the increasing input of nutrients may result in a change of the trophic status of an ecosystem. Eutrophication and/or oxygen depletion has been reported from a variety of Greek coastal marine ecosystems (Friligos et al., 1997; Pavlidou and...
Krasakopoulou, 2000; Pavlidou et al., 2001a). The influence of the riverine discharges the coastal waters has become one of the major concerns of the scientific community, since the frequency and extent of eutrophication may be increased in coastal waters affected by riverine inflows (Justic et al., 1995).

It has been postulated that the changes in agricultural practices in the last century (use of fertilisers, mechanisation and drainage) have significantly contributed to the increase of nutrient concentrations in the riverine waters, determining the nutrient distribution in the coastal ecosystems affected by riverine waters. This influence is apparently restricted very close to the river mouths.

Small rivers, which have an important local bearing as regards coastal fertilisation affecting coastal marine ecosystems, continue to be a matter of concern throughout the world.

Strymon River is considered to be the greatest river in the Western part of Bulgaria. Its catchment area in Bulgaria is 10800 km², whereas in Eastern Macedonia Strymon basin covers an area of 2700 km².

Strymon River originates in the Vitosha Mountain in Bulgaria (Tryfon et al., 1996; Veleva, 2000), runs first westward, then southward, enters the Greek territory and flows into the north Aegean Sea in the Strymonikos Gulf. It has a total length of about 360 km, the 122 km within Greece. The total annual water discharge is around 2 billion m³, which is about 50% lower than the corresponding volume measured during 1987-90.

Recent measurements (Lazaridou et al., 2001) have recorded that pH values varied between 7 and 8.23, whereas the mean conductivity recorded was 360 μMhos cm⁻¹. It is noteworthy that high values of Pb and Cd have been recorded, probably related to a specific polluting source (Lazaridou et al., 2001).

In the river valley of the Strymon River a lot of artificial lakes - hydropower reservoirs have been made (Pyrovetsi and Papastergiadou, 1992; Veleva, 2000), as well as dams, which interrupt the water supply of the riverbed. One of the most known artificial lakes in Greece is the Kerkini Lake, which lies 47 km from the Greek Bulgarian border. This is resulting to the dramatic decrease of the flow rate of Strymon River, especially during summer. Since the retention of the water behind the dams takes place occasionally, the water discharges of River Strymon fluctuate during a year. Generally, the minimum flow rate values are observed in dry season, whereas, in periods of rainfall the flow rate of the river is increased (Scoulidakis, 1997).

Regarding nutrients, it has been reported (Tryfon et al., 1996) that nutrient values measured in Strymon River during 1991-1992 did not indicate strong anthropogenic effects.

Strymonikos Gulf receives pollutants from point sources such as Stavros village or other villages and small towns and/or streams-small rivers (such as Richios River) discharging in the Strymonikos Gulf, in the area between Strymon River and Stavros (Figure 2). The contribution of the villages, small cities and the streams is not significant and no industries have been recorded in the study area.

The region of the Strymonikos Gulf represents a coastal ecosystem, which is impacted mainly by riverine waters. The trophic status of the Gulf is a matter of concern, since many anthropogenic activities (e.g. fishing, tourism) are performed in or/and near the Gulf with serious socioeconomic impact.

In the present work, the DO and nutrient distribution in Strymonikos Gulf affected by Strymon River is presented, in order to evaluate the importance of the influence of riverine waters on a coastal marine ecosystem. This study has been performed within the framework of INTERREG program monitoring for the study of inter-regional pollution in north Aegean Sea.

**METHODS**

Seawater samples were collected on three hydrographic cruises (December 1997, May 1998 and March 1999), over a grid of 20 sampling stations in Strymonikos Gulf (Figures 1 and 2) and one sampling station in Strymon River, near the mouth of the River. The water samples were collected at the standard depths (2, 10, 20, 50, 75, 100, etc and 2-3m above the sea bottom), using NISKIN bottles.

DO measurements were performed on board, immediately after sampling (Riley, 1975), using the Winkler method (Carritt and Carpenter, 1960).

Phosphates and ammonium were measured with a Perkin Elmer UV/VIS (Lambda 2S) spec-
trophotometer, using standard methods (Murphy and Riley, 1962, for phosphates and Koroleff, 1970, for ammonium), whereas silicates, nitrites and nitrates were measured with a BRAN+LUEBBE autoanalyser following standard methods (Mullin and Riley, 1955, for silicates, Stickland and Parsons, 1968, for nitrites-nitrates).

RESULTS AND DISCUSSION

River Nutrient Data

Nutrient concentrations have been measured in Strymon River during two sampling periods (May 1998 and March 1999), in order to estimate the ecological status of the river. Samples were taken at a sampling station located at the rivershore, near the river mouth (∼500-600m from the mouth of the river). Since the sampling station at the rivershore was very shallow and was also characterized by high turbidity, it was not possible to receive proper samples for the DO measurement. Although there were not measurements on the water discharges of Strymon River during the sampling periods, taking into account the frequency of the rainfall events for both sampling periods (May 1998 and March 1999), they were supposed to be wet periods. Therefore, the water discharge of the River was rather increased during the sampling periods. The necessity of controlling the water flow in order to cover the agricultural activity, especially during summer, as well as the decrease of the rainfall levels, have decreased dramatically the riverine water during summer. Consequently, there are no data available during the dry period.

Nutrient measurements performed in riverine waters during the sampling cruises carried out in May 1998 and March 1999, showed high values of nitrates and silicates, indicating that Strymon River is rather polluted by agricultural activities. According to Tryfon et al. (1996), the phytoplankton species composition and their periodicity in the Strymon River resemble those of typical, large and nutrient-rich rivers of Europe.

Nitrite and ammonium percentages were calculated to be between 4-5% of DIN in both of the sampling cruises. Nitrates are therefore the main source of inorganic river nitrogen to the Strymon River, as generally occurs in riverine waters (Meybeck, 1982). Nutrient concentrations measured in riverine waters during May 1998 were recorded as follows: phosphates: 0.42 μM, silicates: 76.8 μM, nitrites: 1.87 μM, nitrates: 111 μM and ammonium: 4.88 μM. During March 1999 nutrient concentrations did not show significant differences and were measured as follows: phosphates: 0.50 μM, silicates: 69.0 μM, nitrites: 1.17 μM, nitrates: 150 μM and ammonium: 5.10 μM. Nutrient levels recorded in Strymon River were similar with other international Rivers (Justic et al., 1995; Jarvie et al., 1998; Zhang et al., 1999; Bode and Dortch, 1996; Kormas, 1999) showing that Strymon River is evaluated to be a rather eutrophic river (Ignadiades et al., 1992). Meybeck (1982) has provided a regional examination relating DIN:P ratios to primary productivity and eutrophication in rivers (Meybeck, 1982; Jarvie et al., 1998). It seems
that four ratio classes are used in riverine waters, in order to evaluate whether the organisms show N- or P-limitation (Jarvie et al., 1998). These four classes are: mass DIN:P ratio < 8, 8-15, 16-23 and > 24. The more records for a site towards the first category, the greater the likelihood that organisms may show N-limitation (Jarvie et al., 1998).

In Strymon River the atomic DIN:P ratio, which is calculated as the ratio of total dissolved inorganic nitrogen to dissolved inorganic phosphorus, corresponds to 280 (mass ratio ∼177) during May 1998 and 313 during March 1999. The atomic DSi:DIN ratio, which is calculated as the ratio of dissolved reactive silicate to dissolved inorganic nitrogen was calculated to be 0.65 during May 1998 and 0.44 during March 1999, whereas the atomic DSi:P ratio was calculated to be approximately 183 during May 1998 and 138 during March 1999.

Since the DSi:DIN is calculated to be less than 1:1, during spring (May 1998 and March 1999), it is supposed that Si can be depleted well before DIN and dissolved inorganic phosphorus (Officer and Ryther, 1980). Thus the resulting Si deficiency may favor the predominance of non-siliceous phytoplankton, which is often associated with undesirable effects of eutrophication (Justic et al., 1995). Probably, this is not the case of Strymon River, since the silicate levels were not significantly depleted.

According to the calculated ratios it seems that the Strymon River is P-limited. (Justic et al., 1995; Jarvie et al., 1998). Since DIN:P mass ratio is much higher than 20, the Strymon River may be an agricultural river rather than an urban and/or industrial one (Jarvie et al., 1998).

Coastal DO and Nutrient data

Dissolved oxygen and nutrient (silicates, nitrates, nitrites, phosphates and ammonium) ranges in Strymonikos Gulf during the three sampling periods are shown in Table 1.

DO data sets showed that the waters near the mouth of the river (marine site) were well oxygenated. The highest DO values were observed during March 1999, whereas relatively low values were recorded during May 1998 (Figures 3-5), at the discharge area. Relatively low DO concentrations were also recorded in Stavros area (mainly during March 1999), near the mouth of Richios River (located near Stavros village, Figure 2), indicating that there are other small point sources that play role in the distribution of DO in the study area. DO surface distribution in May 1998 showed a decreasing trend of DO concentrations towards the mouth of Strymon River (Figure 4). These observations may lead to the assumption that oxygen depletion may occur during summer. Unfortunately, due to technical problems, no sampling cruises were performed during summer.

During May 1998 and March 1999 an anticyclonic gyre can be identified in Strymonikos Gulf, which inflected the water mass entering the Gulf towards the south-eastern part of the Gulf. High DO values were found in the centre of the anticyclonic gyre. DO distribution at 50m depth is determined mainly by the circulation of the water masses as well as by the waters from the Aegean sea entering in the Gulf (Figure 6).

The DO vertical distributions along a transect south-western of the mouth of Strymon River, are presented for the three sampling cruises (Figures 7-9). The riverine waters discharging from Strymon River (station S9) into Strymonikos Gulf seem to...
move mainly towards the south-west of Strymon mouth, following an anti-clockwise movement, towards Stavros area. This pattern was followed mainly during December 1997 and March 1999, whereas during May 1998, the riverine diffusion in the coastal area was not clearly detected. Nutrient data sets showed significant temporal (Table 1) and spatial variations in nutrient concentrations measured in Strymonikos Gulf. The principal environmental load of nutrients flowing into Strymonikos Gulf is provided by agricultural activities. High nutrient concentrations were recorded at station S9, very close to the mouth of the river. The nutrient values measured in the coastal area of Strymonikos Gulf, close to the river mouth, (stations S9 and S10 - Figure 2) indicate a rather eutrophic environment, which is restricted near the river discharge.

Silicates
Silicate values recorded at station S9 (a representative station of the mixing zone of the riverine and estuarine water) were found to be 57% lower than those measured in the riverine waters during May 1998. A further significant decrease (~83%) was observed at station S10 in the marine site (Figure 2). The same pattern was also observed during March 1999. It is noticeable that significant high values of silicates were recorded in Stavros area, during December 1997 and May 1998 (Figures 10 and 11), possibly due to the influence of Richios small River discharging in Stavros area and/or to the
influence of a number of streams also discharging in the area. Any other possibility is under investigation (e.g. the influence of sewage effluents, the existence of underwater springs). The enhanced silicate values in Stavros area, in December 1997, coincided with relatively low salinity values (Pavlidou, 2001b). The phenomenon declined in March 1999 (Figure 12).

The silicate levels at the surface of the stations S9 and S10, near the river plume, showed statistically no significant ($P>0.05$) temporal variations (Table 2). The surface concentrations near the river plume were relatively high in winter and the early months of spring (i.e., December, and March), most likely due to groundwater transport and the weathering of bedrock. The decrease in late spring (May) can possibly be explained by uptake of silica by diatoms, i.e., transformation of DSi into biogenic silica (Laznic et al., 1999).

Nitrate behavior in Strymonikos Gulf as well as near the mouth of the river, affected by riverine waters, strongly resembles to silicate behavior. At the discharge area, a decrease (∼60%) of nitrate concentration was recorded, compared to the nitrate levels found in the riverine water. This pattern resembles to the one observed for silicates, although the changes in nitrate concentrations are expected to be more complex (House and Warwick, 1998). It is difficult to discern the controlling factors influencing nitrate concentrations. The complexity of the sources, the importance of the antecedent conditions in the soil, the different pathways from the land to the river and finally to the sea, which are influenced by many factors such as agriculture in the catchment area, the antecedent conditions of the soil moisture and the nature of the fertilizers used, may be some of the factors which control the nitrate distribution. From the nutrient data collected it can be assumed that nitrogen fertilizers are mainly used at Strymon River basin.

Figure 7. DO vertical distribution along a transect towards south-west of the mouth of Strymon river during December 1997.

Figure 8. DO vertical distribution along a transect towards south-west of the mouth of Strymon river during May 1998.

Figure 9. DO vertical distribution along a transect towards south-west of the mouth of Strymon river during March 1999.
The surface nitrate distributions were similar to those presented for silicates (Figures 13-15). High values were recorded at Stavros area and near the river plume, like silicates.

During late spring (May) nitrate depletion was recorded near the mouth of the Strymon River, coincided to the silicate depletion (Table 2). The statistically significant ($P < 0.05$) nitrate decrease that was observed during late spring near the mouth of Strymon River, may be due to the consumption of NO$_3$-N by phytoplankton or/and the nitrogen uptake by biota. There was not evidence of denitrification processes occurring at station S9. The increased values recorded at the surface of the stations near the river plume, during March, may be attributed to remineralisation or/and increased losses from soils, as well as to the lower biological activity (Laznic et al., 1999).

Table 2: Nutrient average values ($\mu$mol l$^{-1}$) of the surface concentrations of stations S9 and S10, near the mouth of Strymon River, during the three sampling periods

<table>
<thead>
<tr>
<th></th>
<th>December</th>
<th>March</th>
<th>May</th>
</tr>
</thead>
<tbody>
<tr>
<td>P-PO$_4^{3-}$</td>
<td>0.52</td>
<td>0.40</td>
<td>0.87</td>
</tr>
<tr>
<td>Si-SiO$_2^{4-}$</td>
<td>30.5</td>
<td>33.2</td>
<td>19.4</td>
</tr>
<tr>
<td>N-NO$_2$</td>
<td>0.80</td>
<td>0.48</td>
<td>1.24</td>
</tr>
<tr>
<td>N-NO$_3$</td>
<td>27.0</td>
<td>30.8</td>
<td>21.2</td>
</tr>
<tr>
<td>N-NH$_4$</td>
<td>0.54</td>
<td>0.91</td>
<td>0.65</td>
</tr>
</tbody>
</table>
Figure 13. Surface distribution of nitrates in Strymonikos Gulf during December 1997.

Figure 14. Surface distribution of nitrates in Strymonikos Gulf during May 1998.

Figure 15. Surface distribution of nitrates in Strymonikos Gulf during March 1999.

Figure 16. Surface distribution of phosphates in Strymonikos Gulf during December 1997.

Figure 17. Surface distribution of phosphates in Strymonikos Gulf during May 1998.

Figure 18. Surface distribution of phosphates in Strymonikos Gulf during March 1999.
Phosphates

Relatively low concentrations were measured in Strymonikos Gulf, as well as at the stations located very close to the mouth of the river. Surface distributions (Figures 16-18) showed relatively higher concentrations near the mouth of the river as well as near Stavros area during December 1997. The streams flowing into Strymonikos Gulf (between the mouth of the river and Stavros area), as well as some villages or small towns located near the coastline of Strymonikos Gulf contribute to the local enrichment of the study area in phosphates.

The spatial variation of the phosphate concentrations resembles to nitrate and silicate ones. The temporal variation of the average surface concentrations of stations S9 and S10 appeared to be different when compared to nitrate and silicate, showing an increase during late spring, which was statistically significant ($P<0.05$) (Table 2). The increase of the phosphate content at the mouth of Strymon River during May was mainly connected with biological activities and the levels of phytoplankton, as well as with the increase of the population in the cited villages.

Ammonium and nitrites

Ammonium levels were relatively low (Table 1), indicating that there was not intense industrial and/or urban pollution (Dowling et al., 1981). However, the maximum of ammonium was measured near Stavros, which was attributed to the anthropogenic activities (i.e. sewage effluents). The low ammonium levels that were recorded at station S9, enforce the statement that Strymon River is not an industrial or urban polluted river.

Temporal variations of ammonium concentration in Strymonikos Gulf depend on the different point sources, which enrich the study area in pollutants. In the mouth of Strymon River, ammonium surface concentrations vary significantly ($P<0.05$), showing an increase from winter period to early spring, whereas during late spring a statistically significant decrease was observed (Table 2). Relative high ammonium concentration was recorded at station S9, during May, attributed probably to the small anthropogenic pollution of the river. The ammonium temporal variation resembles to the phosphate one.
Nitrites are considered an indicator of organic pollution (Scoullos, 1997). Nitrite data showed relatively high concentrations during the three sampling cruises (>1 μmol l⁻¹). High nitrite levels were recorded both at station S9 at the mouth of Strymon River and at station S30, at Stavros area. It seems that Strymon River as well as Stavros area (Stavros town and/or Richios River) are the two main sources of organic pollutants in Strymonikos Gulf (Figures 22-24). However, since the ammonium values were low enough with insignificant changes, it can be assumed that during December a local organic pollution near Stavros as well as near the mouth of Strymon River was observed, whereas in May the pollution of the River was prominent. It is noteworthy that any kind of pollution in the study area was very restricted and was kept at very low levels.

**Nutrient limitation**

The information about DIN:P ratios of soluble nutrients was used to provide an indication of the potential for nutrient limitation for either N or P. Nutrient limitation may occur when a nutrient concentration falls below the level necessary for saturation of uptake. DIN showed a strong positive correlation with P ($R=0.80$) in Strymonikos Gulf. Criteria for stoichiometric nutrient limitation have been developed based on nutrient requirements of diatoms. According to Redfield et al. (1963), the atomic Si:N:P ratio for marine diatoms is about 16:16:1, when nutrient levels are sufficient. Thereby, ratios of dissolved nutrients can be compared to the Redfield values in order to identify the limited nutrient. It seems that 50% of the data of Strymonikos Gulf follow the criterion of DIN:P>16:1.

Justic et al., (1995), have calculated two ambient nutrient ratios for each nutrient and applied three criteria, for P-limitation, N-limitation and Si-limitation, as follows:

- a) P-limitation, if Si:P>22 and DIN:P >22
- b) N-limitation, if DIN:P<10 and Si:DIN >1
- c) Si-limitation, if Si:P<10 and Si:DIN<1.

Plots of atomic DIN:P, Si:P and Si:DIN ratios in Strymonikos (including all the data of Strymonikos Gulf, (n=280) during the three sampling periods studied (Figure 25), indicated stoichiometric P-
limitation by about 34%. Furthermore, the data indicated significant probable N-limitation (31.4%), while Si-limitation was not probable (2.9%). It seems that the nutrient limitation is very complicated in Strymonikos Gulf.

In particular, 31% of the data showed a defined P-limitation in December, whereas 30% of the data showed N-limitation. It is noteworthy that Si-limitation was not detected. In May, the atomic DIN:P ratio indicated P-limitation in about
21% and N-limitation in about 46%. Si-limitation was not detected. Finally, in March the 51% of the data showed P-limitation, whereas only the 16% showed N-limitation and 8% showed Si-limitation.

Significant changes in DIN:P ratio were observed during the hydrological cruises. During December, the stations near the mouth of Strymon River were P-limited, influenced by the riverine waters. As mixing with offshore waters progressed, the decline of N-levels increased the probability for N-limitation (Figure 26). During May (late spring) N-limitation was mainly observed (Figure 27), whereas, during March (early spring) P-limitation predominated in the study area of Strymonikos Gulf (Figure 28). DIN:P ratios varied seasonally from high values during winter and early spring to lower values at late spring-early summer (Figures 26-28). This led to a shift from likelihood for P-limitation during winter and early spring to N-limitation in late spring-early summer. Similar variations have been observed in other estuaries as well (Lohrenz et al., 1999).

**Statistical analysis**

Although statistically significant temporal differences were observed for the surface data of the stations S9 and S10 near the mouth of Strymon River, it seemed that in the whole study area, when the data of all the stations and depths were compared, no statistically significant differences (P>0.05) between the three periods were found. The significance of difference in nutrient concentrations between the three study periods was assessed by a *t* test. On the contrary, significant difference (P<0.05) was found in the DIN:P ratio between the three periods studied. Similarly, it was found that there was a statistically significant differentiation in the frequency of P-limitation between December 1998 and March 1999.

**CONCLUSIONS**

Nutrient levels, which were preliminarily measured in Strymon River, found to be similar with other rather unpolluted international rivers. The influence of Strymon River on nutrient distribution in Strymonikos Gulf is restricted close to the mouth of the river, where high nutrient concentrations were recorded. Nutrient distribution showed significant spatial variations. It is note-
worthy, that the atomic DIN:P and Si:P ratios calculated in Strymon River were significantly high. It seems that Strymon River carried dissolved inorganic N and Si in excess of dissolved inorganic P, thus contributing to P deficiency in the river plume and adjacent coastal waters. DIN:P ratios varied seasonally from high values during winter and early spring to lower values at late spring-early summer. This led to a shift from likelihood P-limitation during winter and early spring to N-limitation in late spring-early summer. Statistical analysis showed quite significant changes in nutrient limitation between the different hydrographic cruises.

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